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"Your Hometown Newspaper"

Volume XXIII Number 9

March 2, 2000

Designated For Agawam's Schools...

Cohen Announces Supplemental Budget Of \$75,000

by Kathy Shepard News Editor

A press conference was called by Mayor Richard Cohen at Agawam Town Hall to announce that an extra \$75,000 was being designated for education.

"Since education is my administration's top priority, I feel that the money should be used for our schools," Cohen said.

The unanticipated "windfall" is the result of an infusion of monies over and above the school aid budget passed last fall by the State Legislature. Although such funds are budgeted for education, the town does have the right to choose how the dollars are spent.

Cohen wants to commit the additional \$75,000 to technological access and certain aspects of Special Education. This is a one-time educational

expenditure, according to him.
Superintendent of Schools Frank Ameruoso
passed out copies of proposed use of Chapter 70 aid which outlined recommended educational equipment and services. Ameruoso said, "I am lauding the effort of the Mayor. I believe this is the only time this has been done in Massachusetts. The Mayor is keeping to his campaign pledge.

This speaks well for the future of our schools. In attendance at the press conference were Deputy Superintendent Donald Charest, Treasurer/Collector Laurel Placzek, Town Council President Robert Magovern, State Representative Daniel Keenan's Aide, Matt Runge, Town Solicitor Thomas Locke, and School Committee Vice-Chairwoman Rosemary Sandlin, who is an Ad-ministrative Assistant to State Senator Linda J. Melconian.

Preparing For The Future
Cohen explained, "When I present the 2000-2001 budget to the council for approval, I will have taken into consideration that these are good fiscal times. And I will be preparing for a future that might not be as economically sound.

The Mayor expressed thanks to both the School Committee and the Town Council for "their dedication and commitment to our school system."

The supplemental budget will be submitted to the Town Council for its consideration on March 8th. Each of the elementary schools would receive PC's and printers; the elementary media centers would receive four CD ROM towers and 15 Quick Pads (word processing devices). Various software, such as Math and Reading Blaster, Spell-It, Ultimate Writing and Creativity Center, upgrades and additional licensing for current software inventory, are part of the package (totalling

An additional \$14,200 would be earmarked for one-half salary for Special Education programmer at Agawam High School. This initiative, started at the elementary school level, would be followed up

in Town Budget 2000-2001.

Magovern described Cohen's action as "carrying on a tradition of education in Agawam of looking to the future by thinking of the elementary schools. We should go ahead with as much education as we can afford."

Mrs. Sandlin said that Cohen's decision "sends a message to the Legislature. This is the last year of Educational Reform. This tells them that the extra monies they allocated, above the Governor's estimated budget, will most definitely be used for educational necessities," added Mrs. Sandlin.

Donation To Historical Museum



THE AGAWAM HISTORICAL ASSOCIATION is the recipient of a display case and shoemaker's tools from Poland dating back to 1918. The generous donor is Michael Chmielewski (left), owner of M. Chmielewski's Shoe Service in Feeding Hills. Chmielewski is pictured above with Anne Liptak, chairman of the Archival Committee. The Historical Association continues to seek artifacts for the museum; please call Ms. Liptak at 786-3031. Advertiser News photo by Kathy Shepard.

Brownies Visit Town Hall...



GIRLS FROM BROWNIE TROOP 577 (under the leadership of Laura Paul) and their parents visited Agawam Town Hall on February 17th. During their visit, the Brownies and their folks had the opportunity to speak with Mayor Richard Cohen and his staff. Advertiser News photo by Kathy Shepard.

Committee Plans Grady Memorial Scholarship

by Kathy Shepard Feature Editor

The Chief Kenneth Grady Memorial Scholarship Committee has set a goal to have two \$500 scholarships, one for a male and one for a female, for worthy Agawam High School seniors entering the field of criminal justice. The committee was formed to represent the wishes of the Agawam Retired Employees and the Agawam Police to establish a scholarship fund in Grady's memory.

The committee includes co-chairman Rudy Altobelli of the Agawam Retired Employees; Anthony Cichetti, Agawam Police Department; and members Louis Ball, Anita Hastings, Marty Jerry,

and Kay Muzzy.

A scholarship fund has been established at Westfield Bank. Anyone who wishes to contribute can mail their tax-deductible donations to the Chief R. Kenneth Grady Memorial Fund, c/o Westfield Bank, 655 Main Street, Agawam, MA 01001. Plans are also in the works for a fundraising event in October. Specifics will be announced shortly.

Grady was one of the organizers of the Agawam Retired Employees, along with John Chriscola and Charles Kistner. Grady passed away in early January, after serving the Agawam Police Department for 39 years, retiring in 1975. Current Chief Robert Campbell told us that Grady was a patrolman from April 15, 1937, becoming a sergeant on October 29, 1949. He became chief of police on October 1, 1961, serving until August 13,



ON FEBRUARY 25TH IN THE FAOLIN PEIRCE COMMUNITY ROOM at the Agawam Police Station, the Chief Kenneth Grady Memorial Scholarship Committee met to discuss plans for an October 2000 event to raise money for the scholarship fund. From left to right: Louis Ball, Rudy Altobelli (co-chairman), Police Chief Robert Campbell, Kay Muzzi, and Marty Jerry. Advertiser News photo by Kathy Shepard.

Grady's son, Sergeant R. Kenneth Grady, Jr., presently serves on the Agawam Police Force and another son, Lieutenant Lawrence M., serves with the Agawam Fire Department.

Grady's wife, Betty, his daughter, Barbara E. Tessicini, two brothers, five grandchildren, and six great-grandchildren survive him.

Two New Programs To Expand Access To Health Insurance For Mass. Residents

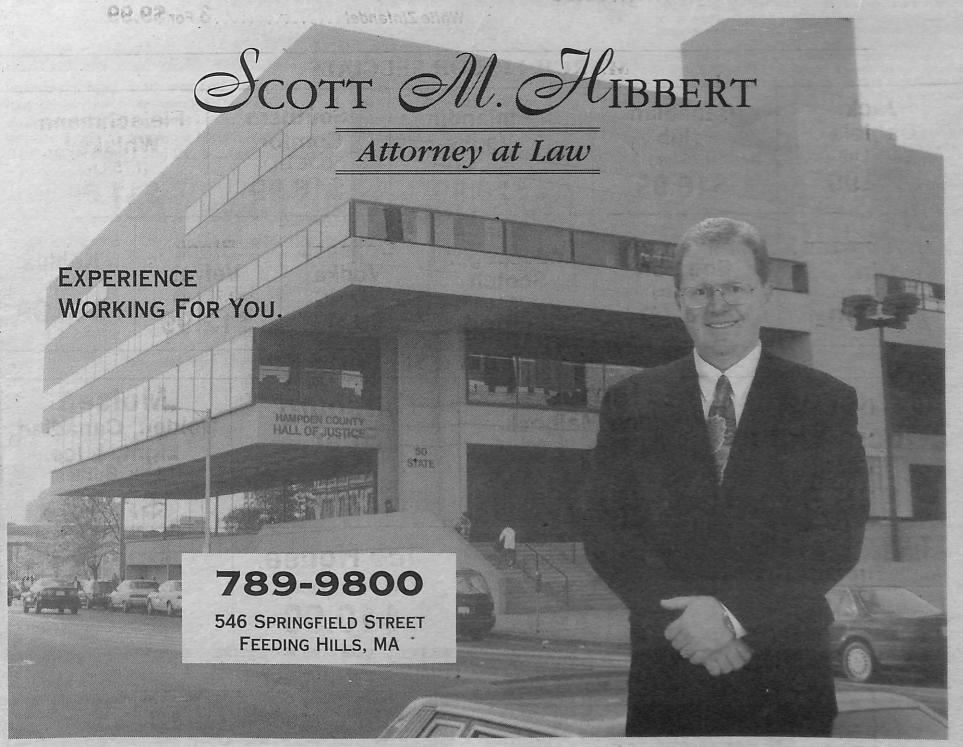
State Representative Daniel F. Keenan is pleased to announce that the Division of Medical Assistance is implementing two new programs designed to expand access to health insurance among working people in Massachusetts.

MassHealth Family Assistance: helps eligible

working families and adults pay their share of premiums for employer-sponsored health in-

The Insurance Partnership: helps eligible small businesses pay for the cost of health insurance

For further information on these programs, you can contact MassHealth Family Assistance at 1-800-841-2900 or the Insurance Partnership at 1-800-399-8285. Information is also available at http://www.state.ma.us/dma.



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Prices Effective Through March 4th

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786-8471

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Prices That Will Just Blow You Away!

MARCH WINE SPECIALS

Almagen Vineyards (5 Ltr. Box) White Grenache, Mt. Chablis, Mt. Rhine, Golden Chablis, Blush Chablis, Alfresco Red

Pinot Grigio, Soave, Valpolicella,

Bardolino, Merlot\$9.99

.\$7.99

Party Box, Chardonnay, Cabernet Savignon, Merlot, White Zinfandel, Red Burgundy\$10.99

Riunite (1.5 Ltr.)

Lambrusco, Bianco, Rosato D'oro,

\$6.99

Vendange (1.5 Ltr.)

Cabernet, Merlot,

.\$6.99

Ecco Domani (750 ml.)

Cabernet, Pinot Grigio, Merlot, Sangiovere

Marcus James (750 ml.)

Chardonnay, Cabernet, Merlot, White Zinfandel

3 For \$9.99

MARCH LIQUOR SPECIALS

Jack **Daniels** (1.75 Ltr.)

Bolla (1.5 Ltr.)

\$26.99

Canadian Club (1.75 Ltr.)

\$16.99

Finlandia Vodka (1.75 Ltr.)

\$20.99

Southern Comfort (1.75 Ltr.)

\$16.99

Fleischmann Whiskey (1.75 Ltr.)

\$11.99

Fleischmann Gin

(1.75 Ltr.) \$11.99 **Early Times** Bourbon (1.75 Ltr.)

\$14.99

Clan MacGregor Scotch

(1.75 Ltr.)

Cossack Vodka (1.75 Ltr.)

\$9.99

Black Velvet (1.75 Ltr.) \$12.99

Kahlua (750 ml.) \$12.99

MARCH BEER SPECIALS

Coors & **Coors Light** (30-Pk.)

\$16.99

New Castle (England) (12-Pk.)

\$11.99

пагрооп Spring Maibock, Ale, IPA, & Mix (12-Pk.)

\$9.99

Red Dog (30-Pk. Cans) \$10.99

Carsburg Beer (12-Pk.)

\$9.99

Ice House (30-Pk. Cans)

\$10.99

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Busch

(Bar Bottles)

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MRS. PHIPPS RTE. 20 WESTFIELD 568-4377

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Letters To The Editor

Baystate's CPR Coordinator **Praises Agawam Participants**

To The Editor:

I would like to commend the following Agawam adolescents and teens for successfully completing the American Heart Association Heartsaver course at Baystate Medical Center: Emily Siedlik, Ashley Paulo, Julie Wills, Phillip Boglisch, David Kreps, Jimmy Chaban, Holly DeFillipi, Nicole Gamache, Kristen Murphy, Andrea Desroisiers, Alexandria Moreau, Jason Polek, Kayla Martin, Joel Melendez, and Ricky Walker.

They attended this six-hour course during

They attended this six-hour course during school vacation week, which was designed specifically for the adolescent/teen. They completed Adult, Child, and Baby CPR as well as first

aid for choking.

They learned about the silent call process for 911, calling 911 from cell phones, risk factors and warning signs for heart disease and stroke. Injury prevention was a critical component of the class. They also toured an ambulance and performed a fire crawl.

Living a healthy-heart life needs to start at an early age. Three essential lifestyles must occur - a decrease in fatty foods, no smoking, and exercise. For more information about this program,

please call me at 794-9441.

Cheryl Sabola CPR Coordinator Baystate Medical Center

Publicly Elected Officials Are Subject To Scrutiny By Voters

To The Editor:

Over the course of the last few weeks, The Agawam Advertiser News has published letters regarding a resolution sponsored by Councilor George Bitzas entitled Protesting the High Cost of

Prescription Drugs in Our Country.

A citizen, Ernestine Book, took issue with the wording of the resulution and the political motives of Councilor Bitzas.

Unfortunately for all, the resolution copy provided to The Agawam Advertiser contained the

On Saturday, March 4th...

Agawam Republican Town Comm. To Meet **At Police Station**

The Agawam Republican Town Committee will hold a meeting Saturday morning, March 4th, at 8:30 a.m. in the Community Room at the Agawam Police Station.

The agenda will include the regular monthly business meeting and reports from state commit-tee members Bob Magovern and Roberta Brun-

Other business on the agenda will be to set a date for the election of officers for the Republican Town Committee.

William Euliano and Anthony Bonavita will give a presentation on Agawam's Italian Sister City.

Ron LaRiviere, committee chairman, invites anyone interested in becoming an active member of the Republican Town Committee to attend this meeting.

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM AGAWAM CONSERVATION COMMISSION

The Agawam Conservation Commission will meet on Thursday, March 9, 2000 at 7:15 PM in the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Feeding Hills, Mass. The purpose of this meeting will be to hear the Request for Determination of Applicability of Pourses for property known as 1138 Main Street.

Bourassa for property known as 1138 Main Street.
By Order of Henry A. Kozloski, Chairman
Agawam Conservation Commission Published: March 2, 2000

- ADVERTISER NEWS

typographical error Protecting instead of Protesting. Councilor Bitzas states that the body of the resolution submitted contained the correct wording and theme. Once the error was found, the correct wording of the title of the resolution was published in the February 3rd issue of The Adver-

What was not stated by Councilor Bitzas in his response to Mrs. Book's letter was the fact that the resolution in question was never published in its entirety in *The Advertiser News* and as such, no one could read it to determine what the correct theme was. In fact, the only information regarding this resolution at that time indicated what its title stated. This wording could only lead one to conclude what Mrs. Book arrived at.

Councilor Bitzas also stated that at the City Council meeting of February 7th, that the correct wording of the resolution was addressed and the wording of the resolution was addressed and the council unanimously passed the resolution. He went on to ask, "With this correction, why did Ms. Book allow her letter to be printed, knowing she was wrong in her allegations?"

In the February 24th issue of *The Advertiser News*, Mrs. Book states that she wrote the letter

on February 1st and it was not published until the February 10th issue. Her letter was written seven days prior to the City Council meeting, at which time Councilor Bitzas spoke of the error in ques-

What is interesting to this reader is the fact that Councilor Bitzas took this as a personal libelous attack. After I read Mrs. Book's letter several times, I found no personal libelous attack on Mr. Bitzas. What I did see was questioning of Council

Bitzas' political motives, actions, and agenda.

One must remember that George Bitzas is a publicly elected official and, as such, is subject to public scrutiny and ridicule. Given the facts, it appears that Councilor Bitzas owes Mrs. Book an

Respectfully, Karl Stieg Agawam

Attacking Constituents Is An Abuse Of Public Office

To The Editor:

How sad. It is a truly sad day when elected officials launch public attacks against their constituents. I view that as an abuse of public office.

Having known Mrs. Ernestine Book as a longtime personal friend, I can personally vouch for her character. Never have I had cause to question Mrs. Book's honesty. She tells it as she sees it, and she does not mince words. Few share Mrs.

Book's uncommon integrity.

How sad that this cannot be said of some of her

Sincerely yours, Owen R. Broadhurst Agawam

LEGAL NOTICE

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TOWN OF AGAWAM AGAWAM CONSERVATION COMMISSION

The Agawam Conservation Commission will meet on Thursday, March 9, 2000 at 7:00 PM in the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Feeding Hills, Mass. The purpose of this meeting will be to hear the Request for Determination of Applicability of Bay State Gas Co. for property known as Agawam/West Springfield Bridge.

By Order of Henry A. Kozloski, Chairman

Agawam Conservation Commission

Published: March 2, 2000

Legislation On Home-Heating Oil Relief & **State Liquor Inspectors**

Senate Majority Leader Linda J. Melconian (D-Springfield) is proud to announce that the Senate has enacted legislation providing \$12 million in home-heating oil relief for poor families and \$168,000 to retain the jobs of state liquor in-

"Shelter and warmth are among people's most elemental and urgent needs," said Melconian. "When home-heating oil prices double, it is all of our problem. The Massachusetts Senate is responding to this critical need."

Home-heating oil prices have risen sharply this winter in response to OPEC curbs on crude oil production and lower than average fuel reserves.

A recent emergency grant of \$10 million from the federal government has already been exhausted. It is expected that the additional \$12 million will help 20,000 to 25,000 families across the state.

A family of four would qualify for assistance under this program if its total income is less than \$29,669, 175 percent of the federal poverty level. The money will be added as a supplement to the federal Low Income Home Energy Assistance Pro-

The bill includes a study that directs the state Department of Energy and Telecommunications and other agencies to investigate methods of avoiding heating oil shortfalls in the future.

In response to Governor Cellucci's threat to

eliminate all state alcohol inspectors, the Senate also passed a measure to assure that these inspectors are funded through Fiscal Year 2000.

These state inspectors serve a number of necessary alcohol control functions throughout the Commonwealth. In addition to fielding more than 500 calls a year for assistance from local authorities, state inspectors are experts in the laws surrounding the sale and taxation of liquor and exercise sole regulatory authority over wholesale liquor sales.

"These inspectors are vital to liquor control in the Commonwealth," said Melconian. "It is shor-sighted on the part of the Governor to think enforcement and accountability can be achieved without these petitions."

The bill now goes to the Governor for his signature.

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM NOTICE!!!

You are hereby notified that a public hearing will be held at Agawam Middle School, 68 Main Street, in the Town of Agawam, Massachusetts, at 7:00 o'clock p.m., on Wednesday, March 8, 2000 upon petition of Bell Atlantic and Western Mass. Electric Company dated August 6, 1999 for permission to: Install one joint pole to improve voltage problems to 336-344 North Street in the ways or parts of ways designated in said petition, along which designated route of line you are an owner of real estate as determined by the last preceding assessment for taxation.

Dated this 17th day of February, 2000.

Information regarding this petition may be obtained from Western Mass. Electric Company in Springfield, Tel. No. 785-5871.

PETITION NO. DRG 1362 STREET: North Street **Ursula Retzler** Clerk of the Council

Published: March 2, 2000

The Agawam Advertiser News

786-7747

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786-8137

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Veterans' Corner...

Vietnam Vets' Ceremony In Spfld.

by Ruth C. Bitzas Veterans' Agent — 786-0400, Ext. 236/237

The Springfield Veterans' Activities Committee is pleased to invite you to the City of Springfield's Vietnam Veterans' Day Ceremony.

The ceremony will be held on Sunday, April 2nd, at 1:00 p.m. at the Vietnam Veterans' Monument on Court Street, Springfield. The ceremony will also commemorate this year being the 25th anniversary of the ending of the war in Vietnam.

Serving as guest speaker will be Thomas G. Kelley, Commissioner of Veterans' Services for the Commonwealth of Massachusetts. Kelley is a Vietnam combat veteran (U.S. Navy, River Assault Division). He is a recipient of the Congressional Medal of Honor. Medal of Honor.

This invitation is extended by Robert D. Sweeney, Chairman of the Vietnam Veterans' Day Ceremony Committee.

CORRECTION:

Also, we have a correction to the Korean War list. Mrs. Roger Heywood has been able to provide the necessary documentation to have her husband's name included on the Honor Roll. We have

now added Roger W. Heywood to our Honor Roll list, since his Home of Record is Agawam.

It is our honor to all Agawam war service veterans. They are all "PILLARS OF FREEDOM"!

This week, we are publishing our Korean War list of Agawam Home of Record wartime veterans whose last names begin with the letters "M," "N,"

"O," and "P" and will be listed on the Honor Roll.
KOREAN WAR VETS — "M," "N," "O," & "P"
MACEY, ROBERT A.
MAC PHAIL, DAVID D.
MAC PHAIL, KENNETH E.
MAHEU, ARMAND E.
MAHEU, AURIUS J., JR. MAHEU, EUGENE É. MAHEU, WARREN M. MAHONEY, FRANCIS G.

by Ruth C. Bitzas
terans' Agent — 786-0400, Ext. 236/
MALLEY, WALLACE E.
MANCHESTER, EVERETT L.
MARIEB, JOSEPH N.
MARSHALL, ARTHUR J., JR.
MARTIN, GERALD F.
MATT, ALBERT G.
MATUS, STANLEY R., JR.
MAWHINNIE, JOAN P.
MAZZA, GEORGE
MCCARTHY, DERRY A.
MCCARTHY, FRANCIS R.
MCCAVE, DONALD E.
MCCORMACK, JOHN R.
MCGRATH, WILLIAM J.
MCFADDEN, WILLIAM L.
MCGRAW, LLOYD G.
MCKAY, ROBERT R.
MCQUESTEN, JOHN T.
MEGAZZINI, ERNEST C.
MEISSNER, WALTER A., JR.
MELLONI, EDWARD
MERCADANTE, JAMES V.
MERCADANTE, JOHN A.
MITCHELL, RUSSELL D., JR.
MOCCIA, JOHN A.
MITCHELL, RUSSELL D., JR.
MOCCIA, JOHN A.
MITCHELL, RUSSELL D., JR.
MORASSI, JOHN A., JR.
MORASSI, JOHN A., JR.
MORASSI, MICHAEL R.
MORASSI, SALVATORE J.
MORASSI, SALVATORE J.
MORGAN, EDWARD H.
MORRISON, JAMES L.
MORRISON, JAMES L.
MORRISSETTE, JOSEPH G.
MULHOLLAND, GEORGE H., JR.
MUSTAIN, LESTER F.
NAPOLITAN, RAYMOND B.
NAPOLITAN, RAYMOND B.
NAPOLITAN, ROBERT A.
NEILSEN, DONALD R.
NICHOLS, ALBERT E., JR.

NORDEN, ROBERT H.
NORMAN, JOSEPH P., JR.
NORMAN, NELSON P.
NORMAN, PAUL P.
NOSTIN, FRANK J.
NOVAK, EDWARD J.
O'BRIEN, JOSEPH P. OBERHEIM, PAUL R. PALMER, DAVID J. OBERHEIM, PAUL R.
PALMER, DAVID J.
PAQUETTE, MARCEL L.
PARO, GEORGE L.
PARO, JOSEPH H., JR.
PARO, LAWRENCE G.
PATCH, VERNON D.
PAUZE, ADRIAN P.
PAYNE, HAROLD
PEARSALL, ALVAH E.
PEDULLA, DOMENICK J., JR.
PELLETIER, EUGENE A.
PETERS, WILLIAM J.
PETERSEN, ARNOLD N.
PETERSEN, ARNOLD N.
PETERSON, WILLIAM M.
PHILLIPS, RONALD J.
PIAZZO, JOSEPH F., JR.
PIETROPLI, OSWALD J.
PILEGI, DANTE G.
PILKINGTON, ELWIN A.
PIOGGIA, ANTHONY, JR.
POGGI, DONALD N.
POHNER, RICHARD L.
* POHNER, WILLIAM
PORTER, JAMES F.
PORTER, JOHN G.
POWELL, ORLO A., JR.
POWERS, WILLIAM J.
PRIOR, WENDELL M.
PROTZENKO, HARRY H.
* PROVOST, ROBERT
PRUCZINSKI, FREDERICK R.
(* Died while in service.)

Regular Town Council Meeting Agenda

Agawam Middle School, 68 Main St. / Wednesday, March 8th - 7:30 p.m.

- Citizen's Speak Time.
- 2. Roll Call.
- 3. Moment of Silence and the Pledge of Alle-
- Minutes Regular Council Meeting of 2/22/2000.
 Declaration from Council President.
- 6. Presentation of Petitions, Memorials & Remonstrances
- (a) Resolutions
- . TR-2000-12- A Resolution to Amend Agawam City Council Rule 14 Standing Committees (Coun.
- 2. TR-2000-13- A Resolution to Accept the Provisions of MGL, Ch. 170 of the Acts of 1999, An Act
- Allowing Additional Compensation of a Town Clerk or Municipal Collector or Treasurer Upon
- Certification (Mayor).
 7. Report of Council Committees
- None. 8. Elections
- None.
- 9. Public Hearings
- None. 10. Old Business
- 1. TOR-2000-1-(PH-2000-3)-An Ordinance to add Sec. 180-112 to the Zoning Code of the Town of Agawam Relative to Special Permit for Parking or Loading Requirement Reduction (2nd Reading)

(* Died while in service.)

- (Ref. to Ordin. Comm. on 2/22/2000).

 2. TOR-2000-2-An Ordinance to Amend Ch. 49, Entitled Personnel of the Code of the Town of Agawam (Mayor)(1st Reading)(Tabled and Ref. to Ordin. Comm. on 2/7/2000 Left on table 2/22/2000).
- 3. TOR-2000-3-An Ordinance to establish a Permanent Italian Sister City Commission for the Ci-
- ty of Agawam, MA (Coun. Bonavita and Morassi).
 4. TO-2000-13-Transfer-\$15,000 from Line Item
 -Reserve Fund (16605-57300) to Law Department
 -Salaries (11511-51010)(Mayor)(Tabled on 2/7/2000 -Left on table 2/22/2000).
 - 5. TO-2000-17-Voucher List (\$827.00).



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— Agawam Obituaries —

Emily Radwilowicz

Emily "Midge" (Marek) Radwilowicz, 66, of 45 Homer Street, Feeding Hills, died recently at

Born in Chicopee, she lived in Feeding Hills since 1960.

She was a retired 13-year nurse's aide for the former West Springfield Nursing Home, and a communicant of Sacred Heart Church.

She leaves her husband of 43 years, Edward F. Radwilowicz, Sr.; three sons, Edward F. Radwilowicz, Jr., of Belchertown, Gary M. Radwilowicz of Agawam, and Steven L. Radwilowicz of Feeding Hills; a daughter, Karen A. Radwilowicz of South Windsor, CT; two brothers, Joseph Marek of Southampton and Frederick Joseph Marek of Southampton and Frederick Marek of Agawam; a sister, Evelyn Fitzpatrick of Chicopee; and three grandchildren.

The funeral was held at the Agawam Funeral Home, with burial in Springfield Street Cemetery.

Donations may be made to the American Lung Association, 393 Maple Street, Springfield, MA

Carl B. Peterson

Carl B. Peterson, 80, of 984 Halladay Avenue, Suffield, died recently at the Veterans' Affairs Medical Center in the Leeds section of Northamp-

Born in Springfield, MA, he lived in Feeding Hills for many years before moving to Suffield in He was a 1938 graduate of Agawam High School and a World War II Army veteran.

He belonged to Landry-Sic Veterans of Foreign Wars Post 9544 and Bethesda Lutheran Church in

He leaves his wife of 54 years, the former Helen Ryba; a son, Carl J. of Vernon; three daughters, Marilyn A. Carvalho of Wethersfield, CT, Carolyn A. Bennett of East Providence, RI, and Brenda J. Chrystal of Auburn, Maine; 10 grandchildren; and seven great-grandchildren.

Burial was at the convenience of the family, and Agawam Funeral Home was in charge of the arrangements.

Dorathy A. Warren

Dorathy A. (Petersen) Warren, 78, of 18 Sherman Street, Agawam, died recently at Mercy Hospital in Springfield.

She was a secretary for the Springfield Housing Authority for 20 years and retired in 1984.

Born, raised, and schooled in Springfield, she lived in Agawam for 20 years.

She was a member of Grace Union Church in

Springfield.

Her first husband, Donald F. Wert, died in 1949, and her husband, Carlisle R. Warren, in 1995.

She leaves six sons, Donald Wert of Michigan, Richard Wert of Westfield, Peter C. Warren and Robert Warren, both of West Springfield, Michael Warren of Palmer, and George Warren of Agawam; three daughters, Gloria McDonald of Springfield, Marcia Clark of Feeding Hills, and Bonnie White of West Springfield; a brother, Lawrence Petersen of Florida; two sisters, Gertrude Petersen of Springfield and Florence Lamier of Connecticut; grandchildren; and greatgrandchildren.

The funeral was held at Toomey-O'Brien Funeral Home, with burial in Hillcrest Park was held at Toomey-O'Brien

Cemetery.

Gerald W. Ledger

Gerald W. Ledger, 54, of Partridge Lane, Feeding Hills, died recently at Baystate Medical Center in Springfield.

He was a 13-year parts manager at United Industrial Service.

Born in Springfield, he was a graduate of the former Springfield Trade High School and lived in that city until moving to Agawam 22 years ago. He leaves his wife, the former Ann T. Person; a

son, Steven G., at home; a brother, Crosby of West Springfield; and a sister, Julie Aspregren of Dunwoody, Georgia.

A memorial service was held at Colonial-Foras-

tiere Funeral Home, with a private burial.

Memorial contributions may be made to the
Steven Ledger Trust Fund at Fleet Bank, in care of Jason Gerrish, 1325 Springfield Street, Feeding Hills, MA 01030.

SEE OBITUARIES - Page 7...

Winter Special 2000!

1-Hr. Photo And Studio 786-4340 / 786-0347

- Every Monday and Thursday, bring in a roll to be developed and receive a second set of prints or a roll of film for \$1.00 (1-hour service, color only!).
- Tuesday brings buy one, get one free on color enlargements from same 35mm negative (5x7, 8x10, 8x12, 11x14/glossy only).
- Wednesday you buy one, get one free on 3x5 or 4x6 reprints from the same 35mm or 110mm negative (color, glossy paper only!). TOWNOT
- Friday bring in a roll of film to be processed (color 35mm, 110mm) and receive \$1 off 12 exp., \$2 off 24 exp., \$3 off 36 exp. (not to be combined with any offers or coupons / 1-hr. service only).

Offer Ends March 19th!



371 Walnut Street Extension Agawam, MA



In Memory Of **Anthony Verteramo**

December 28, 1957 - March 2, 1999



When do the tears of sadness go away?

You said to us, "I'm coming home." You never gave up hope.

We did not know God's plan was taking you to a new

We want you home with us, to hear your voice, to see you smile.

That is not to be. All of our prayers couldn't keep you here.

God broke our hearts, When we ask why?

It seems we get no reply. We have to have faith and

Some of God's greatest gifts are unanswered prayers. We love you and miss you.

> Linda, Cori, Anthony, Frank, Kristen. Jim, Haley, Travis, Marlo, and Michael

OBITUARIES - from Page 6...



Anna E. St. John

Anna E. "Nan" (Gazzaniga) St. John, 90, of Feeding Hills, died on Tuesday, February 22nd, at Mont Marie Health Care Center in Holyoke.

Born in Vigevano, Italy, she was the daughter of Peter L. and Enrichetta (Ruggeri) Gazzaniga, also

of Italy.

Last year, Governor Paul Celluci proclaimed April 3, 1999 to be "Anna E. (Nan) St. John Day" in the Commonwealth of Massachusetts to mark the 90th birthday of the life-long artist and long-time Feeding Hills resident.

The Governor cited her achievements as Agawam's first Silver-Haired Legislator, an active member of her community and church, and noted her significant accomplishments as an artist when proclaiming April 3rd as a special day of celebration.

In 1980, she was elected as the delegate from Agawam in the first Massachusetts Silver-Haired

Legislature.

A long-time artist, she won numerous awards for her many oil and watercolor paintings depicting the New England countryside of Western Massachusetts. Her artwork can be found in public buildings and private residences throughout Massachusetts and Connecticut.

throughout Massachusetts and Connecticut.

As a community leader, she was a long-time member of the Feeding Hills Women's Club and a past president of that organization. Her activities included a wide range of interests, including work as a member of the town's bicentennial commit-

Additionally, she was deeply involved with the work in the 1950's and 1960's that led to the establishment of the Sacred Heart Parish and Church in Agawam. She was also active in the local Boy Scout and 4-H organizations.

In Loving Memory Of Our Guardian Angel— Andrea Lynn Borsari,

Who Passed Away March 5, 1999
We Love & Miss You So Very Much!



Mom, Andy, Grandpa, Nana & Dawn

She and her husband, George A. St. John (who passed away in 1992), operated the Red Apple Orchard and Farm, which was a well-known local landmark for several decades in Feeding Hills.

She leaves two sons, Jordan P. of West Newton and George A. of Feeding Hills; a brother, Jordan S. Gazzaniga of Springfield; and three grand-daughters, Lisa J. of Henderson, Nevada, and Emma A. and Julia J., both of West Newton.

ma A. and Julia J., both of West Newton.

The funeral was held at Colonial-Forastiere Funeral Home and St. Ann's Church in West Springfield, with burial in Springfield Street Cemetery, Agawam.

Memorial contributions may be made to the Stigmatine Fathers, 554 Lexington Street, Waltham, MA 02452.

Henry A. Brignoli

Henry Angelo Brignoli, 76, of Agawam, died on Tuesday, February 29th, at home.

He worked at Moore's Express and the former Bigelow Sanford Carpet Co. in the Thompsonville section of Enfield, CT.

He and his wife owned and operated the former Ringside Restaurant in Thompsonville from 1964 to 1989.

Born in Springfield, he was schooled in Agawam and was a long-time resident.
He leaves his wife, the former Marion Andrews;

He leaves his wife, the former Marion Andrews; a son, Rick of Agawam; two daughters, Susan Dandy of West Springfield and Debbi McCarthy of Westfield; eight grandchildren; and two greatgrandchildren.

The funeral will be held on Friday morning, March 3rd, at Colonial-Forastiere Funeral Home and St. Anthony of Padua Church, both in

Agawam, with burial in St. Thomas Cemetery in West Springfield. Calling hours were scheduled for the early afternoon and evening of Thursday, March 2nd.

Memorial contributions may be made to the American Diabetic Foundation, 1 Bromfield Street (fifth floor), Boston, MA 02108.

Irene E. Smith

Irene E. (Govoni) Smith, 86, of 9425 Blind Pass Road, St. Petersburg Beach, Florida, died recently at a St. Petersburg nursing home.

She was a head laboratory technician at Baltimore City Hospital (now associated with Johns Hopkins University) and retired in 1976. She was previously a laboratory technician in Portsmouth, Virginia, and during World War II at the Army Air Forces Base in Presque Isle, Maine.

Born in West Springfield, she graduated from

Agawam High School and the University of Massachusetts. She was a 20-year Baltimore resident and settled in Florida 22 years ago. She was a former communicant of St. Anthony Church in Agawam.

Her husband, Schuyler Smith, died in 1996. She leaves a sister, Doris Berard of Agawam; two nephews, Paul Berard and Richard Berard, both of Agawam; a stepson, Philip W. Smith of Wethersfield, Connecticut; and two stepgrandchildren.

The funeral was held at Toomey-O'Brien Funeral Home and the Agawam church, with burial in St. Thomas Cemetery, West Springfield.

Memorial contributions may be made to the church building fund at 108 Bridge St., Agawam, MA 01001.



The Commonwealth of Massachusetts
William Francis Galvin, Secretary of the Commonwealth

WARRANT FOR PRESIDENTIAL PRIMARY

HAMPDEN SS.

To either of the Constables of the Town of Agawam

GREETING:

In the name of the Commonwealth, you are hereby required to notify and warn the inhabitants of said town who are qualified to vote in Primaries to vote at:

Precinct 1 - Robinson School, 65 Begley Street

Precinct 2 - Clifford M. Granger, South Westfield Street

Precinct 7 - Agawam Junior High School, Springfield Street

Precinct 3 - Agawam High School, 760 Cooper Street

Precinct 4 - Agawam Middle School, 68 Main Street

Precinct 5 - Benjamin J. Phelps School, School Street

Precinct 6 - James Clark School, 65 Oxford Street

TUESDAY, THE SEVENTH DAY OF MARCH, 2000

from 7:00 a.m. to 8:00 p.m. for the following purpose:

To cast their votes in the Presidential Primary for the candidates of political parties for the following offices:

PRESIDENTIAL PREFERENCE ... FOR THE COMMONWEALTH STATE COMMITTEE MAN ... 1ST HAMPDEN DISTRICT STATE COMMITTEE WOMAN ... 1ST HAMPDEN DISTRICT TOWN COMMITTEE ... TOWN OF AGAWAM

The polls will be open from 7:00 a.m. to 8:00 p.m.

Hereof fail not and make return of this warrant with your doings thereon at the time and place of said meeting:

Given under our hands this 22 day of Feb., A.D. 2000

BY ORDER OF THE AGAWAM TOWN COUNCIL A TRUE COPY

ATTEST:

Richard M. Theroux Town Clerk

Fire Wise ...

by Fire Chief David Pisano

The Importance Of Fire Lanes

fire lane? The message is simple; the message is direct! "NO PARKING — FIRE LANE" means just

When there is a fire or related emergency, police, fire, and medical vehicles need to have proper access so that the vehicles can get close proper access so that the vehicles can get close

your local shopping area to find a car parked in a How many times has it irritated you to drive to

every car or truck in the way makes a difference in truck to put out a fire, or carry someone ill or injured to an ambulance? Every step, every foot, of fire hose around someone's car or delivery You may think it is silly or overkill, but ther when was the last time you had to move 150 feet your vehicle leaves you open to a fine. Remember — if you park there, others will think it is acceptable to park there ... and it isn't. It's against the

hamper emergency efforts, and simply parking

proper access so that he be before the fighting, end emergency medical duties.

The Agawam Fire Department reminds you that leaving your vehicle unattended in a fire lane may leaving your vehicle unattended in a fire lane may serving the lane may be a land may be serving the land may be served the land may be

realize that these areas are important to you and your neighbor's safety. Whether at a shopping center, the post office, or office building, apartment building, or transportation loading area when they are needed, they must be available. Park there illegally and it may cost you a fine, towing charge, or both! More importantly, it may towing charge, or both! More importantly, it may testiff in more property damage illness or injury The Agawam Fire Department wants you to the efficiency of fire and life safety.

result in more property damage, illness, or injury.

Fire Department at 786-2662.

notice. Thank you for your give us at least 72 hours' 786-8137; however, please 10 TATT-887 IIBO , NAA For photo coverage in The

cooperation in this matter...

nian. (See related story on Page 1.) Advertiser News photo by Kathy Shepard. Committee Vice-Chairwoman and Administrative Assistant to State Senator Linda Melco-Council President Robert Magovern, Mayor Richard Cohen, and Rosemary Sandlin, School Placzek, and Matt Runge, Aide to State Representative Daniel Keenan; seated - Town Charest, Superintendent of Schools Frank Ameruoso, Town Treasurer/Collector Laurel being designated for education in Agawam: standing - Deputy Superintendent Donald AT THE RECENTLY HELD PRESS CONFERENCE announcing that an extra \$75,000 was

preceding assessment for taxation.
Dated this 17th day of Febrary, 2000.
Information regarding this petition may be obowner of real estate as determined by the last ways or parts of ways designated in said petition, along which designated route of line you are an

tained from Western Mass. Electric Company in Springfield, Tel. No. 785-5871.

Springfield, Tel. No. 785-5871.

Clerk of the Council

STREET: Maple Street Ursula Retzier

LEGAL NOTICE

LEGAL MOTICE

Vice President LJ. O'BRIEN President **ПОЗЕБН D. СИВВАИ** Funeral Director

the funeral service business. expertise in all aspects of

experience and possesses

fifteen years professional Homes. Steve has over

Curran-Jones Funeral as Funeral Director at

O'Brien Funeral Homes, formerly of Toomey-

ment of Steven Gould, announce the appointe are pleased to

TOWN OF AGAWAM NOTICE!!!

pole 160/2 and transfer to guy pole 1608/25 in the Strong of the state of the stat You are hereby notified that a public hearing will be held at Agawam Middle School, 58 Main

Salon Tres Chic COL LHOSE MINLER BLUES?

Published: March 2, 2000

back from Welcomes Jennifer

Las Vegas

Fabulous new haircuts and With all the newest hair coloring techniques

long hair up-dos for your special day!



John Paul Mitchell Educating Team Jennifer has just finished her classes as part of the

and has returned to give you that new look you've been looking for!

with all the newest techniques! Carol Langevin, (who has 14 years experience) She has been training our new addition,

pLZ8-98L (EIÞ) MAKE YOUR APPOINTMENT TODAY!

CERRENAL DESCRIPTION OF STREET, STREET

Agawam, Ma. 1407 Suffield St. Located in the Twin Silo's Plaza PRE-ARRANGENEUTS . COMPLETE TRADITIONAL SERVICES . FUNERAL COUNSELING 134 Chestnut St., Holyoke, MA 01040 • (413) 532-1212

109 Main St., West Springfield, MA 01089 • 745 Cooper St., Agawam, MA-01001 • (413) 781-7766

FUNERAL I HOMES

Professional and compassionate service since 1930.

The state of the s



To Benefit Children's Miracle Network...

Fitness First To Host Racquetball Tournament And Aerob-A-Thon

Fitness fanatics of all ages are invited to participate in the 14th Annual Children's Miracle Network Racquetball Tournament and Aerob-A-Thon, to be held March 10th, 11th, and 12th at Fitness First Family Health and Fitness Center in Feeding

Proceeds from the Racquetball Tournament and the Aerobics Marathon will benefit the Children's Miracle Network at Baystate Medical Center Children's Hospital.

Everyone who registers for the weekend-long Racquetball Tournament will be given a tournament package consisting of a sourvenir shirt,

glass stein, and buffet dinner on Saturday night. The Aerob-A-Thon will be held only on Saturday, March 11th from 9:30 a.m.-12:30 p.m. Anyone with a minimum of \$50 in pledges can participate and will receive the same gift package as those participating in the racquetball tournament. Those raising \$250 in pledges will receive an additional embroidered denim shirt.

Highlights of the Aerob-A-Thon include Step, Hi/Lo, and Funk and Body Pump Aerobics. Prizes will be awarded for most collected pledges, most enthusiastic, most colorful, and others.

Also, during the special weekend, adventuresome bikers will be "spinning" for additional pledges to support this year's event on Saturday

morning from 8:00 a.m.-12:00 noon. There will also be a "Kid's Spin" on Friday night from 6:00-6:45 p.m., preceded at 4:00 p.m. by a "Kid's Body Pump."

Pump."
Staff at Fitness First will also participate in their own "Treadmill Challenge" on Saturday from 7:00 a.m.-7:00 p.m. and will be looking for sponsors as they compete in a "friendly" challenge to determine who can walk or run the longest.
Also, on Friday at 8:00 a.m. and 11:00 a.m., Fitness First employee Diana King will lead a Young At Heart Senior Aquatics Class whose members have been gathering pledges to support CMN through their water exercise efforts. King's baby son. Jack. who was born three months baby son, Jack, who was born three months premature last summer, will be the subject of a vignette to be broadcast during this year's Children's Miracle Network Telethon, June 3rd-4th, on WWLP-TV22

Everyone is invited to participate in the weekend's activities or just watch all of the action. There will also be a silent auction on Friday night featuring a color TV, mountain bike, gift certificates, and many other items.

For more information about the Racquetball Tournament or the Aerob-A-Thon, or to receive an entry form or pledge sheet, call the Children's Miracle Network at 794-7655 or Fitness First at



JULIA NICOLETTE POTTER

Mike & Kelli Potter **Announced Birth** Of Daughter, Julia

Mike and Kelli Potter are proud to announce the birth of their daughter, Julia Nicolette. She was born on November 21, 1999 at 1:50 a.m. She weighed eight pounds, nine ounces and was 201/2 inches long.

She was welcomed home by her two-year-old brother, Michael. Her grandparents are Mickey and Kitty Pepper and Tom and Judy Potter. Greatgrandparents are Emelia Giancola, Felix Pepper, and Catherine Krick.

Julia was recently baptized at Mt. Carmel Church in Springfield followed by a family party.

Agawam/West Side TOASTMASTERS Meet Twice A Month At Country Estates

Agawam/West Side TOASTMASTERS, a club which promotes better communication and speaking skills, meets every second and fourth Thursday of each month, from 7:00 to 8:30 p.m., in the meeting room of Country Estates, 1200 Suf-

The public is invited to attend for free. For more information, call Jim, 789-2925, or Richard, 786-0887.



Owner Charlie Grasso

Lexander's

Restaurant & Banquet

60 North Westfield Street, Feeding Hills

Beat "Cabin Fever" By Visiting Us!!!

Early Bird Specials

Tues.—Thurs., 4:00 - 6:00

Enjoy A Variety Of Dishes Selected By Our Chef Entrees Include Soup Or Salad, Vegetables, Rolls And Butter

You Can Still Enjoy Fine Italian Cuisine Made With Only The Finest Quality Ingredients. We Feature Delicious Veal, Chicken, Beef And Seafood Entrees Cooked To Your Liking.

Open For Dinner At 4:00 P.M.

Tues.—Thurs., 4:00 - 9:00 Fri. & Sat., 4:00 - 10:00 (Closed Mondays)

Reservations Suggested For Friday & Saturday Nights

Sunday Brunch **Buffet - \$10.95**

(10:00 A.M. To 2:00 P.M.)

Featuring Scrambled Eggs, French Toast, Bacon, Sausage, Home Fries, Pasta Primavera, Omelettes Made To Order, Ham & Turkey, Fresh Fruit, Assorted Mini Pastries, And Bagels.

> (A Mimosa Or A Bloody Mary Is Included In The Cost Of The Buffet.)

Consider Our Private Banquet Facility For That Special Occasion You're Planning (Weddings, Showers, Anniversary Parties, Etc.)

Accommodates From 50 To 200 People



"March Match" To Benefit The Parish Cupboard

It's March Match time again! This year's campaign provides a smorgasbord of opportunities for supporters of the Parish Cupboard. Funds raised

during the month of March will again be eligible for matching funds from the Feinstein Foundation of Providence, Rhode Island.

Over 2,500 citizens of Agawam, Feeding Hills, West Springfield, and the surrounding area will receive the March Match newsletter - with a donor envelope enclosed from the Parish Cupboard.

Every denation over \$25 will be eligible for mat-Every donation over \$25 will be eligible for matching funds. The Parish Cupboard is the only food pantry and soup kitchen serving people from

On March 12th, worshippers in area churches will be invited to pick-up a special envelope in the first annual March Mission Madness campaign for funds. "This effort will bring cash to the Cup-

board," said Rev. Edwin Larson, Pastor of Grace Lutheran Church in West Springfield.
"Food donations will be accepted at other times of the year." Rev. Larson, who chairs the March Mission Madness committee for the Parish Cupboard, is joined in that effort by Rev. Rob Donaldson, Pastor of the Feeding Hills Congregational Church, and Mrs. Lillian Hillman, Treasurer of the West Springfield Parish and Interfaith Association.

In another component, area businesses, civic clubs, and associations are invited to support the Parish Cupboard with advertising dollars. Their group or business will be recognized as benefactors. Business partners will also receive a quarterly communication, "The Break Room News" sharing ways that businesses creatively care for their neighbors in need. Anyone who didn't receive information on the Advertising Program should contact Candy Boucher, Executive Director, at 413-734-7969.

According to Mrs. Boucher, "We are strengthening the network of love and concern for the poor here. We are challenging people's faith and their civic responsibility with this March Match. We need financial support equal to the outpouring of food and good will showered on us over the holidays.

The March Match was created in 1999 as a response to a challenge from the Feinstein Foundation. That organization offered matching funds to help motivate donors of agencies like the Parish Cupboard. Over \$14,000 was raised in last year's effort, including a grant from The Big E, West Springfield Trust.

Philanthropist Alan Shawn Feinstein has pledged \$1 million to fight hunger nationwide this year and his encouraged philanthropists in three other states to join him, matching his donation in their respective states of Rhode Island, California, and

Minnesota.
"They will each match that portion of my \$1 million that goes to their respective state. If you

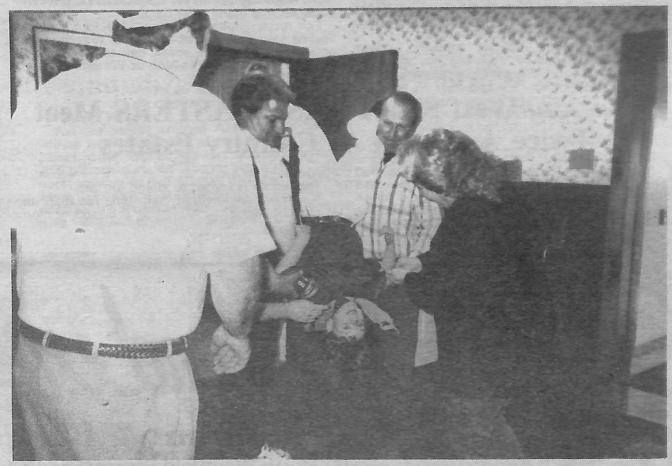
are not in one of those states, try to get someone in your state to do likewise," says Mr. Feinstein.
"Mr. Feinstein and I have one important thing in common," says Boucher. "We want to end hunger. Project Bread in Boston wants to end hunger. The Food Bank of Western Massachusetts in Hatfield wants to end hunger. But hunger is a symptom of the illness of poverty. We will work in tandem with other agencies in the We will work in tandem with other agencies in the Commonwealth to assure that our citizens and our government fulfill their responsibility to our poor, low-income, and homeless neighbors.

The March marathon is not just about money, however. Mrs. Boucher and her family are doing their part to raise funds for the Parish Cupboard in their final "Songs for Their Supper" concert, March 4th at 7:00 p.m. in the basement of St. Louis de France church, 817 Main Street in West

The evening will feature a fine young trumpet player from Agawam High School, Patrick Lennon, and others. Its Mardi Gras theme will provide a fun way for music lovers and families to show their support. Donations will be accepted at the doors.



IN TOP PHOTO: John Michael Bruno and Mikey Meunier of Scout Pack 78 (sponsored by Feeding Hills Congregational Church) think something about this skunk hat stinks. IN PHOTO BELOW: Mikey Meunier just "flips" over getting initiated into Cub Scouts with parents Sue and Paul looking on.



Feeding Hills Congregational Church's Scout Pack 78 Welcomes New Boys Into The Pack

Scout Pack 78 of Feeding Hills Congregational Church has been very busy since the fall. Many new boys were welcomed into the pack from Tiger Cubs up to Boy Scouts.

They recently had an Indian visitor showing them their way of life, which the boys found quite interesting. The boys learned interesting games with hoops and learned how the Indian people

Many Cub Scouts moved up the official Boy Scout rank under an "Arrow of Light" ceremony. A

bow and arrow was shot for each boy earning his

Many have been with the Troop since they were Tiger Cubs in kindergarten. A father/son bake-off was also held. What interesting creations came in, from cars to turkeys to an entire home with swimming pool (which won "Best Cake" award).

A field trip to UPS is planned, so keep reading your AAN and we will keep you posted on our ac-

All the local news with us, each and every week ...





"Beauty Corner" by Mary Ann Zicolella

> Salon Tres Chic At Twin Silos 1407 Suffield Street Agawam, MA 01001 (413) 786-8274

Got A Hair, Nail, Or Beauty Problem? Send Us A Note, And We Will Answer It In Our Column...

Question: What can I do to really make me look

Answer: Women spend billions of dollars every year on cosmetics, but we should not lose sight of the simple basic beauty facts.

Skin is the largest organ of the body and, along with your hair and nails, can reflect what goes on inside. The skin has five layers of cells, with the last layer producing new cells to replace the old layer being shed.

Blood nourishes your skin, hair, and nails, and if you're healthy it will show! Here are a few tips

that can help:

1) Drink at least eight glasses of water daily (other liquids don't count and caffeine can actually dehydrate the skin). This will flush out cellular wastes and will hydrate the skin to maintain elasticity.

2) Don't smoke. This can cause fine, feathery lines around the mouth, discolors teeth, and constricts blood vessels (which keeps oxygen from being delivered to the skin). Can also prompt a breakout of adult acne.

breakout of adult acne.
3) Follow a low-fat diet including loads of fruits,

whole grains, and veggies (especially the dark green leafy ones). Maintain your weight according to your age and frame; this is important to the elasticity of your skin.

4) Beat stress with exercise. Walking, swimming, and bicycling are great forms of exercise which will increase blood flow to the skin.

5) Avoid alcohol, as it highly dehydrates the skin, dilates the blood vessels, and leaves the skin blotchy and red with small visible veins (which, over time, can become permanent).

6) Get plenty of sleep. Eight hours is ideal, but maybe not practical. If you can keep to a sleep scheduled by going to bed and getting up at the same time every day, it will help your body to regroup for the next day, not to mention helping those dreaded dark circles.

7) Proper cleansing two times daily with good, old-fashioned "soap and water" (whatever form of "soap" you choose), using a mild abrasive puff (Buff-Puff or a wash cloth) gently using a circular movement over your face. This sloffs off dead skin cells that can gather in small lines and pores of the face and will keep the skin's surface smooth.

Ever notice how great men's skin always looks — the secret is that they shave daily, taking off all those dead cells. Rinse well with tepid water (hot is drying) and close the pores by using an appropriate toner for your skin type (cool water, not cold, will also do nicely).

Always apply a moisturizer (UV content a must) using a light one on oily skin (oil and water don't mix). Always apply moisturizer to the neck area in upward strokes. I suggest a gentle cleaning in the a.m. so not to stimulate the skin before make-up application and leave the Buff-Puff for bedtime.

A thought for a smile: wild roses growing on a stone wall.

Visit Mary Ann and her daughters, Jennifer and Melissa, Tuesday through Saturday at our salon ... Beauty is our business!

Agawam Garden Club To Meet On Mar. 14th At The Leonard House

Heather Cupo, owner of a gardening business in Cummington, Mass., will be the guest of the Agawam Garden Club following its first meeting of the season at 7:00 p.m., March 14th, at the Captain Leonard House, Main Street, Agawam. Heather has been involved in growing and pro-

Heather has been involved in growing and propagating plants, as well as designing, installing, and maintaining outdoor spaces for 15 years. She specializes in outdoor container plantings using annuals, vines, and grasses.

After working for six to seven years as a grower and propagator for firms in North Pennsylvania and Maryland, Heather went back to school and earned a bachelor of science degree in landscape architecture from Temple University. She is a member of the Perennial Plant Association.

Five years ago, she and her husband moved to Massachusetts and to their current location two years ago. Her husband is a baker and there is a commercial bakery on their property, which Heather helps with. She started her gardening business, named Plant Euphoria, a year ago.

Refreshments will be served under the direction of Linda Lewis, Ann Duquette, and Susan Strycharz, hospitality chairpersons, assisted by a large committee.

large committee.

Anyone interested in the program may attend

for a \$2 guest fee. **LEGAL NOTICE**

LEGAL NOTICE

TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, located at 68 Main St., Agawam, MA on THURSDAY, March 16, 2000 at: 6:50 P.M., for all parties interested in the petition of Donald Vermette who is seeking a Special Permit in accordance with Section 180-7 Paragraph B of the Zoning Ordinances which would allow for construction of an Auto Body Repair business at the premises identified as: 223 Garden Street, Feeding Hills, Massachusetts.

Ronald Hebert, Chairman

Published: March 2, 2000

Beauty Works Of Suffield To Participate In Fitness First's Fundraiser On Sat., March 11th

Suffield: In conjunction with Fitness First's annual Children's Miracle Network fundraiser, Beauty Works of Suffield will be pitching in to do their part at Fitness First on Saturday, March 11th from 10:00 a.m.-3:00 p.m.

Beauty Works will be set-up at Fitness First offering nail color polish changes or application for a donation of \$5. All proceeds from the polish changes/applications will go to the Children's Miracle Network. What a win-win situation! You get a fresh nail color and the Children's Miracle Network gets a donation.

To book a time for a polish change/application, please call Fitness First at 786-1460 or stop by and sign-up for a time.



Ag. Senior Center's Weekly Lunch Menu

Monday, March 6th: Hamburger with gravy, mashed potatoes, peas and carrots, whole wheat bread, pears.

Tuesday, March 7th: "Birthday Day" — French meat pie with gravy, yellow/green beans, breadsticks, birthday cake.

Wednesday, March 8th: Ash Wednesday — Vegetable lasagna, tossed sald, rye bread, lemon pudding.

Thursday, March 9th: Baked chicken breast, scalloped potatoes, spinach, oatmeal bread, applesauce.

Friday, March 10th: Clam chowder, tuna salad on a roll, pickled beets, pea-

(Menu subject to change without Inotice.)

Airman Angela P. Gontczaruk Graduates From Air Force Basic

Air Force Airman Angela P. Gontczaruk has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, and customs and received special training in human relations

In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

the Community College of the Air Force.
Gontczaruk is the daughter of Michael A. and
Mary E. Gontczaruk of 36 Rosie Lane, Agawam.
She is a 1999 graduate of Agawam High School.

AHS's Class Of 1979 To Hold 20th Reunion In March

Attention, AHS class of 1979!
Our 20-year reunion will be held on March 11, 2000 at Shaker Farms Country Club in Westfield.
You must get your tickets in advance! Call Barbara (Plante) Bard at 786-4847 ASAP.

For National Food Bank...

Feeding Hills Stop & Shop Raises \$\$\$ With Junior Women's Club

Feeding the hungry is a responsibility Stop & Shop accepted many years ago. Last year, Stop & Shop donated more than \$12 million in products, cash, and services to The Second Harvest National Food Bank Network. The total donation equates to 32 million meals.

Many of these donations were generated at the grassroots level by the outstanding efforts of associate volunteers participating in programs like Food for Friends. The Feeding Hills store raised \$557.90 with the Agawam Jr. Women's Club in

The Food for Friends program has three components: a chainwide food drive with participation by local media; a supplier-supported circular page; and store-level fundraisers, where each store "adopts" a local agency that fees the hungry. The Food for Friends program generated over \$1 million in product and cash for hunger relief organizations. In total, approximately 185 organizations benefited from the Food for Friends fundraisers in 1999

fundraisers in 1999.
In addition, many Stop & Shop associates donate time and consulting services to local food banks in the areas of transportation, manufacturing, food safety, maintenance, and construction.

ing, food safety, maintenance, and construction. Stop & Shop's commitment to feed the hungry is an integral part of the Company's community partnership program. The Stop & Shop Supermarket Company is New England's largest supermarket chain, operating 202 stores in Connecticut, Massachusetts, New York, and Rhode Island

The Bluteau Family Announces Birth Of Their 2nd Son, Colin

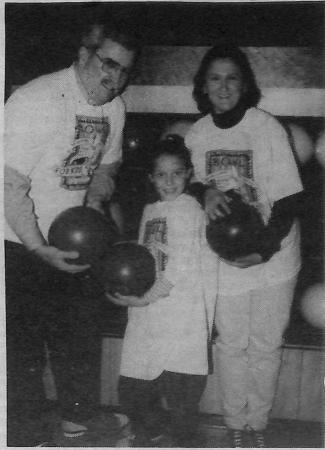
Michael and Melissa Bluteau of Manchester, New Hampshire, would like to announce the birth of their second son, Colin Hunter Bluteau, born on February 18, 2000 at 9:10 a.m.

He weighed seven pounds, 11 ounces. He was welcomed by his older brother, Brenden Scott, 2½.

Colin's paternal grandparents are Regis & Rita Bluteau of Agawam, and great-grandparents Walter & Maria Klupp, also of Agawam.

His maternal grandparents are Michael & Barbara Bergen of Suffield, CT, and Cyril and Marta Bloom of Hyannis, Florida. Maternal greatgrandmother is May Adams of Windsor, CT.

Let's "Bowl For Kids"



BOWLING CHAIRMAN BOB POULIOT (left) gets ready for a practice game with Little Sister Nicole (left) of Feeding Hills and her Big Sister Tricia Raymond (right) as they prepare for the March 25th and 26th "Bowl for Kids" Sake" fundraiser at the AMF Chicopee lanes. Team captains and bowlers are needed. Proceeds will benefit Big Brothers and Sisters of Hampden County. For more information about being a team captain, call 781-4730 or register online at www.bigbrothers-sisters.org.

LEGAL NOTICE LEGAL NOTICE

TOWN OF AGAWAM AGAWAM CONSERVATION COMMISSION

The Agawam Conservation Commission will meet on Thursday, March 9, 2000 at 7:10 PM in the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Feeding Hills, Mass. The purpose of this meeting will be to hear the Request for Determination of Applicability of Duquette for property known as Lot 41 Silver Lake Drive.

By Order of Henry A. Kozloski, Chairman Agawam Conservation Commission Published: March 2, 2000

Check our classifieds in each edition — AAN!!!

Happy 50th Birthday!



Love, Carmen, Jenn, Beth and Stephen

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Church News

Calendar From Ag. Congregational

At the Agawam Congregational Church (745 Main Street, Agawam) on Sunday, March 5th, worship will be held at 10:30 a.m., and Church School will take place at 9:00 a.m. (for seventh-through 12th-graders) and during the 10:30 a.m. service (for Crib Room through sixth-graders).

On this Transfiguration Sunday, the church will celebrate Holy Communion, and the Rev. Dr. Eric Bascom will present a story/sermon, "Shining Faces," prior to administering the Sacrament.

Faces," prior to administering the Sacrament.

The church will receive new members on March 19th, and there will be two orientation sessions for those planning to join, at 10:00 a.m. on March 11th and 18th (both Saturdays).

Those interested should contact the church of-fice, 786-7111, or the pastor, 782-3858, in order to make arrangements.

The season of Lent will begin next week with Ash Wednesday on March 8th. That evening at 7:00 p.m., there will be a service of worship in the

Sanctuary, with Dr. Bascom presiding.
For the remainder of the seven-week period members of the Agawam Congregational Church will be crossing the street to the Agawam Baptist Church for regular Wednesday morning devotions at 6:30, followed by a continental breakfast, at the Baptist church.

Men are invited to join the Men's Prayer Time,

which meets at 7:45 each Tuesday morning.
We read from the devotional guide "Upper Room" for meditation and discussion, with time for coffee and fellowship.

The Marie & Nick Zucco Scholarship Dinner is scheduled for Sunday, March 12th, at 5:30 p.m. Sponsored by the Board of Deacons, this dinner is FREE, with donations requested for the Zucco Scholarship Fund.

Graduating seniors and continuing education students of members of the church and the Zucco family are eligible for these scholarships.

For more information concerning any of our events, please call the church office at 786-7111.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter...

Grace Baptist Church

475 Pine Street, Feeding Hills Pastor Carmen A. Rizzo

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Schedule Of Services

SUNDAY

9:30 A.M. - Sunday School 10:30 A.M. - Morning Service

Series - 'Biblical Portraits' (Role Models For Today) 6:00 P.M. - Evening Services Series - "Immortality"

FRIDAY

6:30 - 8:30 P.M. - Awana Clubs Youth Program Adult Series: "What It Takes To Make A Marriage Work"

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Parish News And Notes From St. John's Church

THE AGAWAM CATHOLIC

The latest edition of our Agawam inter-parish newsletter will be included in the bulletin next

You will find the schedule for Lenten services in each of the parishes; some special programs for Lent; and (on the reverse side) the Lenten weekend and Holy Day schedule for all the chur-

Why not put it aside for ready reference. ST. JOHN'S "OVER 60" CLUB

The Club will be attending Bay Path for "A Funny Thing Happened On The Way To The Forum" on Thursday, March 9th, at 8:00 p.m. Tickets are

If interested, please call Lorraine, 786-4149.

BREAKFAST AFTER MASS

Sunday, March 12th is the date of the next breakfast after the 9:30 Mass. It will be hosted by the Euchastic Ministers.

Please join us for coffee and conversation.

AGAWAM CATHOLIC SINGLES CLUB Meetings are held every second Thursday at

7:00 p.m. If anyone is interested in joining, they should call Joann, 789-0774, or John, 786-2273.

ST. JOHN'S GUILD

St. John's Guild will meet on Tuesday, March 7th, in the Parish Center at 7:30 p.m.

Members are asked to bring items for the silent

FOUND IN CLOTHING TO THE NEEDY A pair of bifocal glasses and a set of car keys (with a remote-type alarm shutoff and lock

Please call the Rectory, 786-8105.

Announcements From Faith Bible Church

The Women's Retreat this past weekend in Lenox went well. The women came back with many shopping bags from the outlet stores. They were also quite well-fed and had many stories about each other.

As far as well-rested, I believe some got more sleep than others, but they all admit it was worth the lack of sleep.

On March 12th, we will be holding a baptism for all who are interested.

On March 24th, we are having our monthly "absolutely delicious" pot luck dinner beginning at 6:00 p.m. We always fanage to have so much food and quite a bit of fun also.

All are invited, and we always hope to see new

WEEKLY SCHEDULE OF EVENTS

Sunday: 9:30 a.m. to 10:15 a.m., Adult Sunday School; 10:30 a.m. to 12:00 noon, Service; 12:00 noon to 1:00 p.m., Coffee/Fellowship. Tuesday: 6:30 p.m. to 8:30 p.m., Bible Study/

Book of Revelation.

Wednesday: 6:30 p.m. to 7:00 p.m., Prayer; 7:00 p.m. to 8:00 p.m., Praise & Worship Service.

First & Third Thursday: 6:00 to 7:00 p.m., Young Ladies Bible Study (at the Michalak home).

Friday: 6:30 to 8:30 p.m., Youth Group.

Saturday: 6:00 a.m. to 8:00 a.m., Leadership Prayer & Meeting; 8:00 a.m. to 9:00 a.m., Open Prayer; 9:15 a.m. to 10:00 a.m., Bible Study; 10:00 a.m. to 12:00 noon, Music Practice; 12:00 noon to 1:00 p.m., Outreach.

Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street (in the Crossroads Shoppes), Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030.

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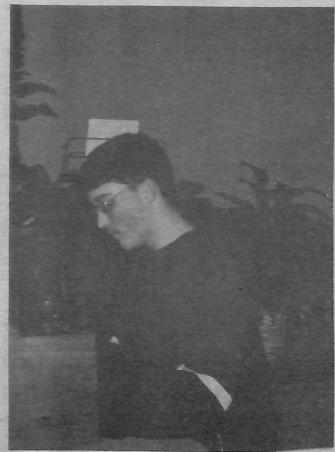
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Church News - continued...

Friendship Dinner/Talent Show At Ag. Congregational



PATRICK WALSH performs a piano solo during the Youth Committee Talent Show held at Agawam Congregational Church on Sunday, February 13th. Advertiser News photo by Kathy Shepard.



If you are looking for a new church home, the Agawam United Methodist Church is extending a warm welcome to you

warm welcome to you.

We are a small, family church located at 459
Mill Street (across from the Agawam High
School). Our church service begins at 9:30 on Sunday mornings.

We invite you to join us and our new pastor, Beryl S. Notman, for worship on Sunday or for Bible Study on Wednesday evenings (March 8th to April 19th) from 6:00 p.m. to 7:30 p.m.

April 19th) from 6:00 p.m. to 7:30 p.m.

The choir will be starting to rehearse for Easter and Holy Week soon. If you like to sing, please consider joining us for this special season of the church year.



ON SUNDAY, FEBRUARY 13TH, the Friendship Committee of Agawam Congregational Church held its Annual Pot Luck Supper. In conjunction with the supper, the church's Youth Committee conducted a Talent Show. IN TOP PHOTO: The Talent Show performers take a curtain call. IN PHOTO BELOW: Stephanie Dubuc sings "Hero" while Debbie Most stands by her side for backup. Advertiser News photos by Kathy Shepard.



Best local news... AAN!!!



SYMPTOMS: Do you...

☐ think spaghetti is a finger food?

sleep "like a baby" (up at 10, 2 and 4)?

☐ write your grocery list in crayon?

□ say "bye-bye" to everyone?

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Make Your Reservation

An inheritance incorruptible and undefiled [is] reserved in heaven for you.

—1 Peter 1:4

As early as 1995, reservations were being made in fashionable hotels and resorts for celebrating New Year's Eve 1999. According to writer Calvin McDowell in *The New York Times*, the London Savoy had by then been twice overbooked. Although the charge for the evening was \$1,000, the Rainbow Room in New York City had a waiting list. So did the Waldorf-Astoria. Reservations were hard to get.

For many people, the end of the 1900s and the dawning of a new millennium brings with it the hope that life will be different. Yet one doesn't have to be endowed with the gift of prophecy to know that life is destined to continue as it was in the last millennium. For example, we can be

sure that death will continue to be inescapable. We know that no one today will live to see the year 3000.

Because death is inescapable, we must answer this very thought-provoking and personal question: Have you made sure of your heavenly reservations? It's not too late. You need to put your trust in Jesus Christ now for forgiveness and cleansing of your sin. You then will have a guaranteed reservation for that home in glory (Jn. 14:2), and you can be assured that you'll celebrate with the Lord for all eternity. Make your reservation today! —VCG

There is a place reserved in heaven
For all who have believed;
Eternal life is freely given
When humbly it's received. —Sper

IT'S NEVER TOO SOON TO PLAN FOR ETERNITY.

Church News - continued...

Talent On Display At Agawam Congregational...





IN LEFT PHOTO: Jenelle Masotti, Katelyn LaValley, and Katie Tapply perform the song "Ain't No Mountain High Enough" during the February 13th Talent Show sponsored by the Youth Committee at Agawam Congregational Church. IN RIGHT PHOTO: One of the performers who participated in the Talent Show was pianist Brad Tilden, who played selections by Shubert. Advertiser News photos by Kathy Shepard.

Catholic Women's Club To Meet At St. John's On Mar. 13th

The next meeting of the Catholic Women's Club of Agawam will be held on Monday, March 13th in the Parish Center of St. John the Evangelist Church.

A family-style dinner catered by Solmar Restaurant will be served at 6:00 p.m. Chairwomen for the event are Mrs. Jane Schmidt, Miss Pauline Paquette, Mrs. Jackie Touissant, and Mrs. Angela Beaudry.

After dinner, talented club members will present another magnificent musical production. Please come and enthusiastically receive and support their spectacular efforts!

Family-Style Ham & Bean Supper Slated For March 11th At Agawam First Baptist Church

The public is invited to a family-style ham and bean supper at First Baptist Church of Agawam, located at the corner of Main and Elm Streets in Agawam.

The supper will take place on Saturday, March 11th, with servings at 4:45 p.m. or 6:15 pm.
The menu will include baked ham, homemade

beans, potato salad, cole slaw, rolls, beverage (coffee, tea, or milk), and assorted homemade pies for dessert.

The cost is \$7.50 for adults, and \$3 for children under 10 years of age.

For reservations, call 786-8624, 786-8209, or 789-

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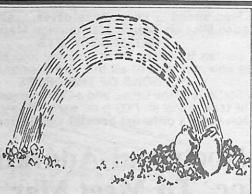
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CORNED BEEF & CABBAGE DINNER

Monday, March 13, 2000 • 6:00 p.m. \$ 7.00 - Adults • \$ 3.00 Children under 12

Menu includes:

- Corned Beef & Cabbage
- **Roasted Potatoes**
- · Garden Salad
- Glazed Carrots
- · Bread & Butter
- **Bread Pudding**
- Juice, Tea, Coffee

Tickets available at all services or call (413) 786-6133 (Reservations recommended, most dinners are a SELLOUT!) All reservations must be picked up by 6:30 p.m.

> St. David's Episcopal Church

699 Springfield Street • Feeding Hills, MA 01030 • (413) 786-6133

Church News - continued...

Announcements From First Baptist Church

The Ordinance of Communion will be observed at First Baptist Church, 760 Main Street, Agawam, at this Sunday morning worship, which begins at

"The Gathering Together" is the title of Rev. Barnes' sermon, and the Scripture will be Acts 2:42-47. All are welcome.

Child-care is available during worship. Following worship is a time for coffee and fellowship, and then Sunday School classes for all ages.

Two adult classes are offered — the Pastor's class, "The Hurried Family," and the study of the Old Testament class led by Rev. Mercy Gonzalez-

A Continental-type breakfast will be served during our Wednesday morning Prayer Time throughout Lent, beginning March 8th. Devotions begin at 7:15 a.m.

We extend an invitation to friends and neighbors to join this quiet time of meditation.

Agawam First Baptist Church is about to launch a great spiritual adventure. Adventure Group Meetings will be held where we will be challenged to think through our own personal discipleship as we worship and study the Bible.

We have great expectations as we go forward into this new experience.

Upcoming Events And Activities At Sacred Heart Church

EUCHARISTIC ADORATION

Friday, March 3rd is First Friday. Eucharistic Adoration will immediately flow from the 8:00 a.m. Mass until 12:00 noon.

ASH WEDNESDAY 8:00 a.m.: Mass with Ashes distributed within

5:30 p.m.: Prayer Service with Ashes distributed within the Service.

7:00 p.m.: Mass with Ashes distributed within the Mass.

PARISH MISSION Plan ahead ... keep these dates ... attend the Parish Mission, March 25th through March 29th. LENTEN BOOKLETS

Lenten Booklets, "Our Journey into Mystery," are now available at all the church entrances. STATIONS OF THE CROSS

Stations of the Cross and a Communion Service will take place at 7:00 p.m. each Friday of Lent. Each week a different booklet will be used.

Nocturnal Adoration Soc. To Meet Mar. 3rd

The Nocturnal Adoration Society of Agawam and West Springfield will meet at Saint Anthony's Church in Agawam to conduct and pray the Office of the Blessed Sacrament, Friday, March 3rd from 7:00-11:00 p.m.

All are invited to come and spend an hour in Eucharistic Adoration.

– ADVERTISER NEWS —

Weekly Listing Of News And Notes From Feeding Hills Congregational Church

You are welcome to join with us at the Feeding Hills Congregational Church, which is located at 21 N. Westfield Street in Feeding Hills. On Sunday morning, service of worship begins at 10:00 a.m. and will this week include the Service of Holy Communion.

Rev. Donaldson's sermon is entitled "That 'What Just Happened?' Feeling." The Lector will be Connie Haynes. The Bible reading is Mark

Communion will be served by Matt Granger and Cindy Matteson. Jeff Chapman and Andy Kretschmar will be our acolytes. Children, who are invited to attend worship with adults, will be dismissed for Sunday School at a designated

Nursery care will be provided for the very young.

Next Sunday, we will have our monthly collection for the Parish Cupboard. Bags of groceries and articles of clean, usable clothing are needed.

Please bring your items to the table in the sanctuary. If you are unable to donate a bag of groceries, envelopes will be available in the sanctuary on the collection table for cash donations.

Volunteers are needed to make desserts for the Parish Cupboard on Wednesday, March 8th. If you are able to make a dessert (brownies, sheet cake, cookies, etc.), please have your contribution to the church kitchen by 12:00 noon on Wednesday.

A sign-up sheet is located on the bulletin board in Griswold Hall.

There will be a Service of Worship held here at 6:30 p.m. on Ash Wednesday, March 8th.

Due to the cancellation of the meeting scheduled for February 19th, the Executive Committee of the Agawam Parish Association will meet at Feeding Hills Congregational Church on Monday, March 6th, at 7:30 p.m.

The visit by the Confirmation Class to Mt. Sinai Temple in Springfield has been rescheduled for Friday, March 24th. Confirmands wishing to carpool should meet here at the church no later than 6:45 p.m. on that day.

Those who choose to meet instead at the Temple should arrive prior to 7:20 p.m.

There are several schedule adjustments due to the restructuring of our Boards and Commissions. The Council will continue to meet on the first Tuesday of each month. The Worship Committee will hold its first meeting on Sunday, March 12th,

immediately following morning worship.

The Property Committee and Board of Christian Education will meet on the second Monday of each month at 7:00 p.m. and 7:30 p.m., respectively. The Committee on Community Outreach will meet on Tuesday, March 14th, at 7:00 p.m.

Meetings of the Lay Minister-Membership

Development Committee will take place on the third Tuesday of each month at 7:30 p.m. Please use the calendar or call the office to note any future changes in the schedule.

On the calendar:

Friday, March 3rd: 7:00 p.m., Radio Club. Saturday, March 4th: 5:00 p.m., Operation Friendship Roast Beef Supper.

Sunday, March 5th: 10:00 a.m., Communion Sunday; 12:00 noon to 8:00 p.m., Church of Redemption.

Monday, March 6th: 4:00 p.m., Daisy Scouts; 6:30 p.m., Cub Scouts; 7:30 p.m., Agawam Parish Association Executive Committee.

Tuesday, March 7th: 7:00 p.m., A.A.; 7:30 p.m.,

Wednesday, March 8th: Parish Cupboard desserts needed; Girl Scout cookie distribution; 2:45 p.m., Girl Scouts; 6:30 p.m., Girl Scouts; 6:30 p.m., Ash Wednesday Service; 7:30 p.m., Choir.

Thursday, March 9th: 7:00 p.m., A.A.; 7:00 p.m., Church of Redemption Bible Study.

Corned Beef & Cabbage Dinner To Be Held At St. David's Episcopal Church On March 13th

St. David's Episcopal Church will be hosting a Corned Beef & Cabbage Dinner on Monday, March 13th at 6:00 p.m. The dinner will be held at St. David's Church, 699 Springfield Street, Feeding Hills.

The menu will include corned beef & cabbage, oven roasted potatoes, glazed carrots, tossed salad, bread and butter, coffee, tea and juice, and bread pudding.

Tickets are \$7 for adults and \$3 for children

under 12. These may be purchased in advance at St. David's or at the door. Due to a sellout on most of last year's dinner, we will be unable to hold unpaid reservations past 6:30 p.m. without prior arrangements.

Proceeds from this dinner will go towards the debt reduction of the new church building. For more information, please call (413)

786-6133.

At Feeding Hills Congregational Church...

Operation Friendship Schedules Roast Beef Dinner For Saturday, March 4th

Operation Friendship of America, a non-profit youth cultural exchange program sponsored by the Feeding Hills Congregational Church, is having a Roast Beef Dinner on March 4th.

Dinner will consist of roast beef and gravy mashed potatoes, tossed salad, vegetable, bread and butter, dessert, and beverage. There will be continuous servings from 5:00 p.m. to 6:30 p.m.

The cost is \$7.50 for adults, \$4 for children under 12, and free for children under five. Reservations are appreciated; call 786-8743 or 786-9780. Walk-ins are welcome.

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Spotlight On Business

Legal Memo

by Alan L. Ferrigno, Esq. 546 Springfield St., F.H. (413) 786-9454



Motor Vehicle Negligence Cardiac Arrest After Car Accident

In the fall of 1993, the plaintiff, who was 73 at the time, was turning right at an intersection when he was struck from behind by a vehicle owned by the defendant and being operated by his 17-year-old grandson.

The impact was minor, resulting in minimal damage to the plaintiff's vehicle, including a flat tire. The impact itself did not result in any injuries to the plaintiff.

Upon stopping and surveying the damage to his vehicle, the plaintiff suffered a cardiac arrest and was transported by ambulance to the hospital. He was later transferred to a larger medical center where he suffered a cerebral embolus, which resulted in a permanent and total disability.

Suit was brought against the operator and against the owner pursuant to G.L.c. 231, section 85. The jury found that the owner exercised dominion and control over the operated based upon the presumption contained in G.L.c. 231, section 85, and found that the plaintiff was five percent at fault. The medical condition of the plaintiff was casually related to the accident by a medical report prepared by the plaintiff's treating physician.

The defendant's offer was \$25,000 until after the verdict, at which time the policy limit of \$100,000 was offered. In light of the verdict amount, a demand for payment of the full verdict amount plus costs and interest was made upon the insurer pursuant to G.L.c. 176D and 93A. The case was ultimately settled, and after inquiry into the defendant's assets, for \$135,000, which was paid by the insurer.

Attorney Alan L. Ferrigno maintains an office at 546 Springfield Street, Feeding Hills, Massachusetts. If you have a legal question, Attorney Ferrigno will attempt to address the same in this column. Please send any questions to the address listed above.

Kathy Neilsen Honored By Molta...



KATHY NEILSEN (left) was recently named the 1999 leader for the Agawam office of Coldwell Banker Keenan & Molta Associates. Congratulating Neilsen on her award is Barry Boccasile, Vice-President of the company. The Agawam office is located at 770 Main Street. Advertiser News photo by Kathy Shepard.

Affiliated Chambers Of Commerce Of Greater Spfld. Hold March 1st "Breakfast Club"

Chief Greeter Jack Briggs of United Cooperative Bank and Breakfast Club Chair Andrea Luppi of Springfield Day Nursery headed the Affiliated Chambers of Commerce of Greater Springfield Breakfast Club held on Wednesday, March 1st at Chez Josef in Agawam.

March 1st, at Chez Josef in Agawam.

Sponsored by Associated Builders, Inc. and Kelly Services, the breakfast saluted area businesses and their professional achievements. Businesses recognized were Applied PC Systems, on its expansion of software solutions and e-commerce business; Clough, Harbour & Assoc., on its new offices; Gaudreau Group, Inc., on its

new location; H.L. Dempsey Copiers, on its 40th anniversary; Mason Wright Retirement Community, on its new apartments; and Sheraton at Monarch Place, on its expansion.

As well, the Association for Community Living

was spotlighted at the event.

The Affiliated Chambers of Commerce is a service organization for the following six affiliate Chambers of Commerce: Agawam, East Longmeadow/Longmeadow, Hampden/Wilbraham, Ludlow, Springfield, and West Springfield. The total membership includes more than 2,000

business and organizations.

Beer And Wine Served

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Spotlight On Business - continued...

Landry, Lyons, Stearns & Yerrall Adds 'CARLSON' To Name

Landry, Lyons, Stearns & Yerrall/Better Homes and Gardens® announced recently a change of its name to CARLSON/Landry, Lyons, Stearns & Yerrall/GMAC Real Estate effective immediately

"We're already a part of the national franchise now known as GMAC Real Estate as well as an operating division of Carlson Real Estate/Better Homes and Gardens®, one of the premier real estate firms throughout Eastern Massachusetts," said Charles Reiter, Regional Vice President of the Division. "This new company has a remarkable vision and incredible resources and we believe now is the time to capitalize on our affiliation and add the brand name power of GMAC to our firm name.

"By taking the tremendous step of changing our name and logo, we are initiating one of the most potent opportunities to promote our new points of difference and to draw attention to our new services and affiliations. It's more than just a change in our name and logo - it's our claim to a firm position in the industry as the leader for one-stop shopping for homeownership services,"

Reiter concluded.

"GMAC Real Estate is a division of GMAC Home Services - a company that is assembling the finest service providers in real estate, relocation, and financial services. We were conceived to be the first company to simplify the process of homeownership and provide our customers with everything needed to do it. Our goal is to be the preferred provider of bundled real estate offerings and a leader in servicing the needs of a mobile, global workforce," said GMAC Real Estate President Allen Sabbag.

GMAC Real Estate is an international network of residential real estate companies known for providing outstanding customer service and industry-leading marketing programs. The network, comprised of both franchised companies and company-owned real estate companies, has more than 1,400 offices and more than 22,000 licensed sales professionals and is a division of GMAC Home Services.

GMAC Home Services.

GMAC Home Services, with divisions in real estate, relocation, and mortgage, is part of one of the world's largest and most successful financial services companies, GMAC. More information is available at gmacfs.com,gmacmortgage.com and gmac-relocation.com.

CARLSON/Landry, Lyons, Stearns & Yerrall is a part of a regional network with 73 offices and over 1,300 sales agents servicing Massachusetts, Cape Cod, and southern New Hampshire.

Timely Tips On How To Manage Your Finances

by Sue & Charlie Alvanos
Personal Financial Advisors
American Express
534-3883

Pitching In To Educate The Grandkids...

Like most grandparents, you probably want the best for your grandchildren — health, happiness, some of Grandma's famous homemade cookies, maybe even a few quarters for their piggy bank. As they get older, you probably dream of them attending college and being successful. Unfortunately, the cost of college is on the rise and the change in the piggy bank probably won't cover it. There's been plenty of talk about the increased

There's been plenty of talk about the increased cost of education, but it's still startling to hear just how much college expenses have soared. According to the College Board, higher education costs escalated about five percent a year over the past 10 years. Many expect costs to continue to climb at a similar pace.

With the cost of education on the rise, a natural way for you to contribute to your grandchildren's success and help ease the financial burden is to "pitch in" with the college expenses. There are a few ways that you can help.

Consider Roth and Education IRAs as funding vehicles. By contributing up to \$2,000 per year to a Roth IRA, people with earned income can amass a tidy sum. While contributions are not tax-deductible, they can be used tax- and penalty-free to pay for your grandchildren's college expenses. Any earnings can also be used tax- and penalty-free after you've held the account at least five years and after you have reached age 59½.

And don't forget about the new Education IRA. Your non-deductible contributions may allow you to give up to \$500 annually per grandchild under

age 18. Later, withdrawals can be made tax-free, as long as they are used to pay the child's qualified education expenses including tuition, books, room, and board. Eligibility for contributions begins to phase out at adjusted gross incomes of \$150,000 for joint-filing married couples (\$95,000 for singles).

Decide on ownership of assets. Ownership of assets is an important aspect of college planning. Chances are your grandkids are in lower tax brackets than you are. If so, it may make sense to hold their college assets in custodial accounts so the investment income will be taxed at their rates.

However, if your grandchildren will seek financial aid, assets held in their names may decrease their loan eligibility. That's why it's important to weigh the pros and cons of custodial accounts for your family's situation.

Under the Uniform Transfer to Minors Act (UT-MA) or the Uniform Gifts to Minors Act (UGMA), the first \$700 earned by a child, including investment earnings, are tax-free for children under age 14. The next \$700 in earnings are taxed at the child's rate. Only earnings over \$1,400 per year are taxed at your rate. For kids age 14 and over, earnings are taxed as the child's rate.

ings are taxed as the child's rate.

Consider gifting for college expenses. Did you know that you can transfer up to \$10,000 annually to an unlimited number of people each year without gift tax? And, if you are married, you and your spenses can each give that amount

your spouse can each give that amount.

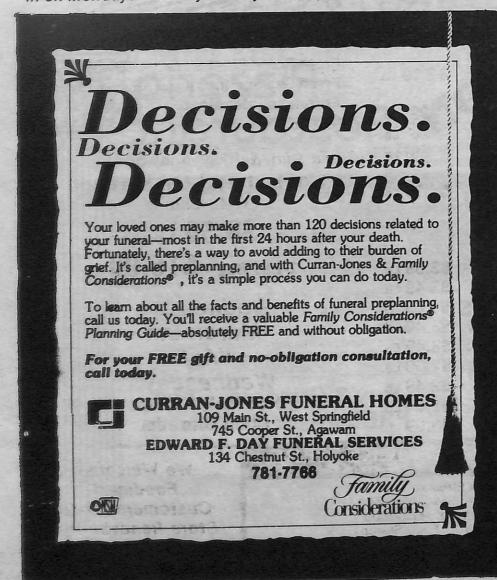
It's even possible to exceed these limits for your grandchildren who are already college students. In that case, you may be able to give them more by paying their tuition, as long as the funds are paid directly to the schools they attend.

Get a plan. There is not a "one-size-fits-all" approach for funding your grandchildren's education. Besides the strategies mentioned above, you may also want to consider trusts, life insurance, or tax-deferred annuities. However, the first step is to meet with a qualified financial advisor to review your financial standing and goals.

Your goals will help determine which strategy works the best for your financial situation. After all, if you want the best for your grandchildren, helping to fund their college education may be a way to leave a legacy and help them achieve future success.

Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street (in the Crossroads Shoppes), Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter...



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Spotlight On Business - continued ...



COMMON SENSE

Raymond Rose The PIONEER Group (731-6800)

Ways To Avoid An Audit...

Sorry, there is no iron-clad way to keep from being audited, but here are some ways to reduce the

Prepare your tax return with tax software. The IRS feels computer-generated returns are less likely to contain computational errors.

Don't use the IRS's electronic filing program.

Getting your tax return into the system quicker only speeds you into the audit pipeline.

Prepare your tax return by April 15th, but request an extension (giving you until August 15th to get it in). Many people believe the IRS fills its audit quota each year out of the earliest returns

Don't use the preprinted address labels (for the same reason that you shouldn't use IRS elec-

Attach evidence of any unusual deductions you've taken ... to the back of your return. For instance, if your home office was burglarized, your computer was stolen, etc., and you are claiming theft as a loss on your tax return, attach a copy of your police report.

Always file your tax return on time (or on an extension, as mentioned above, even if you can't pay). Late returns have a higher-than-normal audit

If you can afford it, have your tax return prepared by a professional ... preferably an Enrolled Agent, CPA, or tax attorney. The IRS knows that tax pros are less likely to make mistakes on

Never write extraneous comments on your return ... like "I hate the IRS" or "No taxes for war." This is not amusing to the IRS and may serve as an invitation for a special review of your

Keep good records and don't worry too much about an audit. Less than one-percent of us will be audited this year!

NEED REAL ESTATE INFORMATION QUICKLY? Do you want to know what mortgage programs are best for you? Do you want to know what your home is worth? Do you have family and friends who may be interested in buying/selling a home? Do you need assistance in relocating? Would you like information on the prices of homes that have sold in your neighborhood? Simply e-mail your re-

quest or call me today! Raymond Rose is a resident of Agawam, and the Principal of THE PIONEER GROUP, a professional real estate and financial services firm serving home buyers and sellers throughout the area. Comments and questions can be directed to his office (731-6800) or his e-mail (RaymondRose) aol. com). Also, contact him via e-mail to receive his FREE online newsletter, THE PIONEER REPORT.
Online. It's filled with enjoyable and informative info helping to "keep life simple." Thanks!

Century 21 Newschu **Earns Service Award**

Century 21 Real Estate Corporation, franchiser of the world's largest residential real es organization, has announced that CENTURY 21 Newschu Real Estate, Inc., located at 820 Suffield St., Agawam, is the receipient of the Quality Service Office Award.

The Quality Service Award is an integral part of the CENTURY 21 System's commitment to excellence and recognizes offices based on customer responses received from the Quality Service Survey (QSS). To qualify, an office must have a QSS Index of at least 930 out of a possible score of 1,000 and at least 25 surveys must be received between November 16, 1998 and November 15, 1999. CENTURY 21 Newschu Real Estate, Inc. scored 984. The office will receive a Quality Service lapel pin and certificate, in addition to recognition at the Regional level.

"We are thrilled to recognize the work of CEN-TURY 21 Newschu Real Estate for this significant achievement," said Van Davis, Senior Vice President, Franchise and Field Services, "professionalism and commitment to quality service exemplified by CENTURY 21 Newschu Real Estate that is the hallmark for our franchise offices."

CENTURY 21 Newschu Real Estate has over nine years of experience in the real estate industry and has been affiliated with the CENTURY 21 System for seven years.

John E. Schuler Of CENTURY 21 Newschu Receives Quality Service Producer Award

Century 21 Real Estate Corporation, franchisor of the world's largest residential real estate sales organization, has recognized John E. Schuler of CENTURY 21 Newschu Real Estate, Inc. as a Quality Service Producer Award. Presentation was made at the CENTURY 21 Gold Ball held at

Chez Josef in Agawam.

"The Quality Service Producer is a new national award recognized by the CENTURY 21 System. Quality service is an integral part of our commitment to excellence and this award recognizes individual producers who have consistently provided outstanding service to their customers." John Schuler's competitive intelligence, professionalism, and dedication has made him a valued and trusted real estate partner for the Pioneer

Valley and a major contributor to the overall success of the CENTURY 21 System.

John has over 16 years of experience in the real estate industry and has been with the CENTURY 21 System for seven years. He is a member of the Greater Springfield Association of REALTORS, Massachusetts Association and National Association of REALTORS.

CENTURY 21 Real Estate Corporation provides

comprehensive training, management, administrative, and marketing support for the CEN-TURY 21 System. The System is comprised of more than 6,300 independently owned and operated franchised broker offices in more than 25 countries and territories worldwide.

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Land O' Lakes American \$3.69 Lb. Cheese \$3.49 Lb. **Cooper Sharp Cheese** \$1.69 Lb. Russer German Bologna \$3.49 Lb. **Russer Honey Maple Ham** \$3.49 Lb. **Russer Low Salt Ham** \$2.39 Lb. **Blue Seal Baked Loaf** \$2.49 Lb. **Russer Cooked Salami** \$2.69 Lb. Wampler Chicken Roll \$3.99 Lb. Fresh Seafood Salad

Bananas California Navel Oranges (Doz.) \$1.69 **Granny Smith Apples** 89° Lb. 89¢ Iceberg Lettuce (Head) \$1.19 Fresh Broccoli (Bunch) 990 Mini Carrots (1 Lb. Bag)

DAIRY & FROZEN

Hood 1% Low Fat Milk (Gal.) \$1.39 Hood Orange Juice (1/2 Gal.) 990 Grade "A" Jumbo Eggs (Doz.)

SEAFOOD

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Tuesday & Wednesday Special... **Cooked Tail-On Shrimp** (31-40 Count)

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2-Lb. Bag - \$16.00

Wednesday, March 8th "Ash Wednesday" Hot Fish & Chips Clam Chowder

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Spotlight On Business - continued...

Promotions Announced By Westfield Bank

Westfield Bank President Donald A. Williams has announced the recent promotions of four members of his staff. They are Wilhelmina Backlund to Vice President, Mark Baran to Vice President, Deborah McCarthy to Vice President, and James Montemayor to Assistant Vice Presi-

dent.

Wilhelmina Backlund, in addition to her role as Compliance, Security, and CRA Officer for the bank, now is responsible for the Loan Underwriting and Loan Servicing areas of the bank. A resident of Springfield, Ms. Backlund has been with Westfield Bank since 1992.

Mark Baran, an employee since 1998, is a member of the Commercial Lending Team. He is responsible for servicing a portfolio of business customers for lending and other banking services. Prior to joining Westfield Bank, Mark worked for The Bank of Western Mass. and Albank. Mark resides in Chicopee with his wife, Pam, and son. resides in Chicopee with his wife, Pam, and son,

Deborah McCarthy manages the bank's Operations Department. She is responsible for all aspects of bank operations, including cash management, ATM's, and data base management. A Westfield resident, Mrs. McCarthy has worked for the bank since 1979. She is a Director of the Westfield Community Development Corporation.

James Montemayor is responsible for Commercial Business Development in the East Longmeadow area, a position he has held since 1996. Prior to joining the bank in 1995, he worked at SIS as a credit analyst. Jim is an active member of the Springfield Chamber of Commerce. He and his wife, Kirsten, and daughter, Kylii, reside in

Westfield Bank, with assets over \$630 million, is one of the largest independent banks in the area. Headquartered in Westfield, the bank maintains offices in Agawam, East Longmeadow, Southwick, Springfield, and West Springfield. Westfield Bank is Just Big Enough to provide bank. ing services to all personal and business customers in the area.



First Impressions Count...

If you're considering selling your home, look at your home through the eyes of a buyer.

Because first impressions count, check out your home's curb appeal; what do people see as they first drive up?

To show your home at its best, cut the grass, trim all hedges and shrubs, and plant a few extra flowers for color.

During the winter months, keep driveways and walkways clear of snow and ice. Clean or paint the front door, garage door, window trim, and shutters. Check the gutters and the roof. Clean out the garage and make sure your entry light and goorbell work.

As you move inside your home, prepare it so it's as uncluttered, spacious, and neutral as possible. A fresh coat of paint and clean windows and drapes will work wonders.

Moving out excess furniture and items from closets adds spaciousness. Fixing loose door-knobs, leaky faucets, and sticking doors will give your home a cared-for feel.

For more information on preparing your home to sell, call PAM SAVIOLI at (413) 748-7565.

- ADVERTISER NEWS —

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DEBORAH MCCARTHY



JAMES MONTEMAYOR

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For Your Health



Food Thought

by Nancy Dell Registered Dietician

A Recipe For Wellness: Folate-Rich Fruits & Vegetables

What Is Folate?

Folate is one of several B vitamins found in foods. It is vital for making new, healthy body

Folate-rich foods include strwberries and citrus fruits and juices; leafy green vegetables such as spinach and romaine lettuce; wholegrain breads, rolls, and crackers; and pinto, navy, and kidney

Folic acid, a man-made form of folate, is found in fortified grain foods like bread, rolls, flour, cornmeal, rice, pasta, and ready-to-eat breakfast cereals.

Folate For Health

Studies have shown that folate is critical to maintaining good health. A form of anemia can result from not getting enough folate. Lack of folate affects the development of new red blood cells, so they cannot carry as much oxygen.

If you are a woman between the ages of 14 and 50 and it's even *slightly* possible that you'll get pregnant, make sure you include plenty of folic acid in your eating plan. Here's why: getting enough folic acid before you become pregnant and in the first few weeks of pregnancy may reduce your baby's risk of devastating birth defects of the brain and spinal cord known as neural-tube defects.

Each year, about 2,500 babies in the United States are born with neural-tube defects. The great news is that studies estimate that up to 70 percent of these serious birth defects may be prevented by eating enough folate-containing foods, as well as folic acid-fortified foods.

Easing Folate Into Your Eating Plan
It's easy: do it the delicious way by eating folate-rich foods (check out the list below). Also, since January 1998, enriched bread, cereal pasta, flour, cracker, and rice have been fortified with

Check your menu: you probably already eat some foods that have folate because many fruits and vegetables are an excellent source of this powerful vitamin. Start by adding just one more serving of a fruit or vegetable each day. Before you know it, you'll be eating "5 a Day" for folate and you'll be on your way!

We all know how great fruits and vegetables taste. They are good for us, since they provide vitamins like A and C, as well as fiber. Here are some additional ways you can power-pack your eating plan for folate:

Top your favorite cereal with slices of ripe

strawberries.

 Toss some fresh spinach into salad. Try the pre-washed spinach for even more convenience. Top with low-fat salad dressing.

Stir-fry fresh asparagus, cauliflower, or broccoli with garlic and a splash of sesame oil for a

flavorful side dish. Make a colorful fruit salad by tossing together fresh berries, watermelon cubes, pineapple wedges, and orange sections.

Good Sources Of Folate Daily Value Chickpeas (½ cup) Spinach, cooked (½ cup) 33% Kidney beans (1/2 cup) Orange juice (1 cup) Strawberries (8 medium) Green peas (1/2 cup) 12% Orange (medium) Broccoli, cooked (1/2 cup) Romaine lettuce (½ cup)
Strawberry-Ginger Dressing

In blender or food processor, puree 1½ cups strawberries; transfer to bowl. Mix in 1½ to 2 tablespoons honey, 1½ tablespoons lime juice, 2 teaspoons grated fresh ginger, and a pinch of salt. Use immediately, or cover and refrigerate up to 2 days. Makes about 1 cup.

Nancy Dell, MS, is a registered dietitian in private practice in Feeding Hills and the media representative for the Massachusetts Dietetic Association. She can be reached at 850 Springfield St., Suite 4, Feeding Hills, MA 01030; (413) 786-2957. Accepting Tufts, Secure Horizons, and

New Fussy Baby Support Group To Meet Weekly At Mercy's Family Life Center

You've been up all night ... again ... with a baby who cries and has difficulty sleeping. Your child is sensitive, intense, and demanding. You're concerned, frustrated, and overwhelmed. The Family Life Center for Maternity at Mercy Hospital can help with a new Fussy Baby Support Group.

Led by professionals from First Years First, the intent development program at Brightside for

infant development program at Brightside for Families and Children, the group meets weekly at the Family Life Center, 271 Carew St.

Meet others who share your feelings, get the

answers you need to better understand your infant, and learn effective ways to balance your baby's needs with those of you and your family. The First Years First program, the only one of its kind in Massachusetts, provides developmental and behavioral information and support for families of children ages birth to three

For information and to register, call the Family Life Center's Parenting Education Department,

Having your cake and eating it

Read more about this in today's FOR YOUR HEALTH column.

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Daniel Pender, MA., M.F.T. Marriage & Family Therapist

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Your Back And Your Health

by Dr. Joseph S. Schlaffer Schlaffer Chiropractic Offices 192 Shoemaker Lane Agawam

Calcium Supplements

Question: I'm in my 50's and seem to be developing a "hunchback," which my doctor called a kyphosis. I drink milk and get moderate exercise. Should I take calcium supplements?

Answer: Although past trends set by the medical/drug industry implied that by taking calcium supplements, one can maintain a healthy, straight spine and prevent future spinal problems such as hunchback (hunback) from conproblems such as hunchback (kyphosis) from occurring, more needs to be said.

Advertising campaigns in the past had directed their dollars at a senior citizen market. However, very little evidence exists establishing improved structure (posture) by increasing your calcium intake. You may have seen TV ads showing a young woman with normal posture standing next to the elderly woman who is bent forward with a hunched back.

The implication, though incorrect, is soon ingrained into our way of thinking. Although not directly stated, the implication is that by taking their calcium product, you can stop this abnormal curvature from developing.

I agree that calcium, coupled with sound nutri-tion, exercise, and rest is very important in maintaing a strong, healthy spine and dense bones. But heredity and spinal alignment are more impor-

Inherited traits are impossible to change. So if your parents and other family members have a history of kyphosis (hunchback), then the chances are higher that you, too, will have the condition.

Misalignment of the spinal vertebrae, called

suxluxation, causes weakness and may result in curvatures and other spinal disorders

Your doctor of chiropractic is highly trained to analyze, locate, and correct those misalignments in your spine. With periodic checkups, your spine can be given the best chance to have a long, healthy future.

The SCHLAFFER CHIROPRACTIC OFFICE, 192 Shoemaker Lane, Agawam offers quality care and we would be happy to discuss any questions regarding your health problem.

All the hometown news with us, each and every week ... AAN!!!

Happy Birthday, Carolyn!

3/4/40



From All Your Friends!

For Your Health - continued ...

To Benefit Easter Seals...

Agawam Youngsters To Participate In **HOP-N-ING In April**

The National Alliance for the Mentally III of Western Massachusetts will sponsor a support group for persons with any mentally ill relative or friend at the Agawam Council on Aging, 68 Meadowbrook Manor, on the last Monday of each month from 7:00-9:00 p.m.

This group is facilitated by persons who have had years of experience with mental illness, aither directly or as family members of an ill person.

either directly or as family members of an ill person. At most meetings, there will be people present who have varying degrees of experience and knowledge about mental illness. Others have only recently faced the problems created by mental iliness.

The groups are intended to supply emotional support and information. Discussions are honest and open, but no one is expected to talk about anything he or she would rather not discuss. Everything said at these meetings is kept confidential.

Many people find such meetings to be a good place to vent emotions. Others are more interested in learning about the illnesses and the treatment systems. For most people, these groups serve both purposes.

If you are interested, call any of the phone numbers listed above. You will find someone to listen sympathetically to your troubles, and will receive an invitation to attend a support group.

At Agawam COA On The Last Monday Of Each Month...

Support Group Offered By The Nat'l Alliance For The Mentally Ill

Youngsters at the Agawam Early Childhood Center and the Bambi School, both in Agawam, will learn about physical disabilities during the month of April through a special Easter Seal Program, sponsored by TJ Maxx, WWLP-TV22, WB56, and toward and toysmart.com.

The Easter Seal HOP-N-ING teaches children about disabilities and their effects on people's everyday lives. The children also find out how wheelchairs, crutches, and other specialized

equipment work.

The next part of HOP-N-ING gives kids a chance to help. They hop as many times as they can in three minutes, earning money pledged for each hop by family and friends. Funds raised help provide Easter Seal services that expand in-dependence for adults and children with disabilities. Services include summer camp, physical and occupational therapy, speech therapy, equipment loan, adaptive swim programs, support groups for people recovering from strokes, technology for independence, and information and referral services.

Last year, nearly 12,428 children across Massachusetts learned about disabilities and hopped for Easter Seals, raising \$206,514.70.



Chiropractic Care by Dr. Tami Nelson Chiropractic Physician Hampden County Chiropractic 850 Springfield St. Feeding Hills 786-4820

Sciatic Pain

The human body is pretty amazing. One can experience pain in one area, but the cause of the pain is from a different place.

Oftentimes leg pain originates from the back. We see this in the syndrome known as sciatica. The sciatica nerve is made of three spinal nerves that exit from the lower back region. The spinal nerves merge to form the sciatic nerve.

This large nerve runs through the buttock and down the back of the leg to the foot. There are two sciatic nerves, one on each side of the body. If the nerve gets irritated (people sometimes refer to this as "pinched"), it can cause pain, numbness, tingling, or burning pain in through the buttock and leg. This obviously can be quite disabling.

The key is finding the cause of what is irritating the nerve. Pain medication can mask the pain, but it doesn't get to the cause of the problem. A chiropractor assessing the condition gets to the reason the nerve is irritated.

One factor that has to be ruled out is whether or not there is a disc component. A disc is located between the bones in the spines - it cushions the spine. A disc is like a jelly donut; the inside has a gel and the outside a thick fibrous layer.

Occasionally, the disc can herniate, bulge, or rupture through the fibrous layer and put pressure on the nerve. This is assessed with orthopedic and neurologic tests.

Another factor that may irritate the sciatic nerve is the bones. The vertebrae or bones in the low back may have degenerated and are "pinching" the nerve. This is assessed by an x-ray.

The third possible cause of sciatic pain is

musculoskeletal. This means the muscles in the region are spasmed and are affecting the proper function of the spine and pelvis. This creates local inflammation and, thus, irritates the nerve.

All the different causes of sciatica (1. disc, 2. bones, 3. muscles/joints) can be effectively treated at a chiropractor's office. The important aspect is getting the condition accurately diagnosed by a thorough examination. Sciatic nerve pain can be quite disabling. Get proper diagnosis and treatment through chiropractic

Dr. Nelson maintains an office at Hampden County Chiropractic, 850 Springfield Street, Feeding Hills, 786-4820.

"For Your Health" is a regular feature of The AAN and is just one more reason why you turn our pages...

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice...



Fitness Tips...

Carmela Kirk, R.N. **Fitness Director Fitness First**

Don't Quit!!!

If you've started an exercise program and find yourself slowing down, keep reading. What happened? Are you finding you aren't getting the results you wanted? Did it get boring or turn into a chore? Did you get injured?

Take a minute to really think about why you've slowed down. Take another minute to think about what your original goals were and why you started exercising in the first place.

If you aren't getting the results you want, why is that? Be sure you are doing enough cardio, mixed with a challenging resistance workout. The cardiovascular portion of the program should last a good 30 minutes or more, three to four times a week. If you get uncomfortable, switch machines, or try different classes.

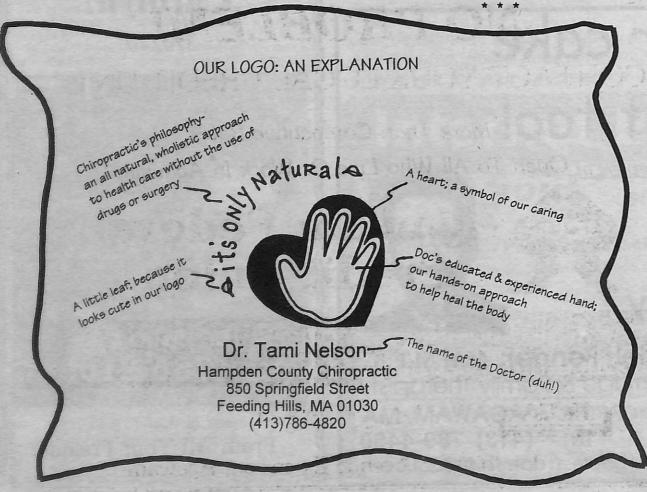
Your resistance training should be hard enough to cause a change in the muscle. Whether you are building or toning, it has to be enough to actually cause a change in the muscle. If this is the problem, one option may be a couple of sessions with a trainer. Have him or her give you some new ideas and check your form. This could really snap things into shape.

If your workout got boring or became a task you just don't want to do, motivation is the problem. It's important to see results; that is the biggest motivator. Again, an appointment with a trainer could really help. Try changing the time of day or another small factor that will just change the scenery a bit. Put the fun back into it; get a buddy and get moving. Think, "shorts season is right around the corner.'

Injuries occur and mess everything up. They happen for a few reasons. Form needs to be a high priority along with lifting the appropriate weight. Jumping into seven days a week is not a good idea. Keep it under control to prevent overuse kinds of injuries. If it is too late for prevention, rest, heal, and get back. Don't make the same mistake again - work out smart. Whatever the reason, find your way back. If you

are not consciously doing something to keep yourself healthy, you are not keeping yourself healthy. It takes energy and focus. Something made you start, now don't quit for any reasons.





For Your Health - continued ...



"Let's Talk About It" by Dan Pender Marriage & Family Therapist P.O. Box 449 Agawam, MA 01001 (413) 789-4460

Having Your Cake And Eating It, Too...

Last week I wrote, "I believe, quality caregiving to 'self' promotes true giving of 'self' to another without 'loss of one's self.' And the corresponding paradox is also true that in giving of one's self one can gain self in return." My point was that this notion of caring for my self can be a very risky way of living, if taken seriously.

If there is one characterization from all the feedback I received about last week's column, it is this: this way of living out of the box, outside

the lines, is very radical.

Yes! What I'm directly speaking to is the similarly radical idea that we can have our cake and eat it, too! Let's see what this can mean.

If having my cake means being able to be with "other," perhaps the idea of eating it, too, could mean having myself in the experience, too? Again, what does this mean? Perhaps an example would be helpful.

In my clinical experience, I often experience people struggling to have themselves, not lose themselves, care for and not beat up themselves. Simply put, people are really trying to be good to themselves and one another.

This can be very difficult, depending on a number of factors. How we are influenced by our birth family and the patterns existing from the previous generations is one important factor. Of course, genetics and the environment is yet another. That being said, how do we proceed to live full, risk-taking lives?

If living is not about taking risk to grow into your potential, then we're probably not talking to one another now. However, if living is very much about attempting to live into your potential, then there is something to talk about!

How can I have true intimacy with myself and in my significant other relationships? I think both are possible. So often I see relationships that are so "Other - Validated" that both parties can't have themselves. Of course, we will be out of balance, if most of the time we are trying to "get ourselves" from the other validating us. How able, how free are we to "have ourselves" through healthy "Self - Validation"?

If having your cake and eating it, too, connotes a negative image, you are not alone! Many folks live thinking that the two are not possible and in fact are not acceptable. What a shame to be at a party, probably having fun, given a piece of cake, and then told that you can't eat it, too!

If you are in an unhappy relationship, you know what I'm talking about. If your relationship supports intimate living that has both connection with one another and separate living with others outside your relationship, then perhaps having your cake and eating it, too, can mean something altogether positive and life-giving.

The complexity of connection and separation.

"Let's Talk about it" is a regular weekly feature from Dan Pender, MA., M.F.T. Marriage & Family Therapist. Dan maintains a private practice in Agawam, MA. He is a Clinical member of the American Association of Marriage & Family Therapy. He is also a local professional Church educator and can be reached by e-mail (AOL screen name: dpmft449) or P.O. Box 449, Agawam, e-mail (AUL MA 01001, (413) 789-4460. Please respond with your feedback, relationship questions and topics and "Let Talk about it."

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Support Groups, Programs, Etc., Sponsored By Noble Hospital

SUPPORT GROUPS

Alcoholics Anonymous: Sunday evenings, 8:00 to 9:00 p.m. In Conference Room A at Noble Hospital, 115 West Silver Street, Westfield.

Free of charge. All are welcome. Stroke Support Group: Wednesdays, March 8th & 22nd, 5:30 to 6:30 p.m. In the Bronson Rehabilitation Center Dining Room at Noble

Free of charge and open to individuals recovering from a stroke and their spouses, caregivers, and other interested persons. Participants are encouraged to suggest topics for future meetings. Call Barbara Boulanger, M.S.W., L.I.C.S.W., at

568-2811, ext. 5809.

Better Breathers: Wednesday, March 8th, 2:00 p.m. In the Third Floor Cardiopulmonary Classroom at Noble Hospital.

Free of charge and open to individuals with respiratory or pulmonary difficulties and the sup-

Please call ahead at 568-2811, ext. 5986, and tell

us the topics you would like to discuss.

Diabetes: Tuesday, March 28th, 12:30 to 3:00
p.m. In Conference Room A at Noble Hospital. Free of charge and open to individuals who have diabetes and their support persons.

At this meeting, Tricia Porter (Cardiac Rehab Nurse) and Sara Lyons (Exercise Physiologist) will speak on "Diabetes and Heart Disease and Risk Factor Modification."

For more information, call Karen Ranen, M.S., R.N., C.D.E., at 572-5178.

Caregivers' Support Group: Wednesdays, March 8th & 29th, 4:00 to 5:00 p.m. In the Bronson Music Room at Noble Hospital.

On the second and last Wednesdays of each month, Noble Visiting Nurse and Hospice Services offers this group for those who are caring for someone with a life-threatening illness. Hospice families, staff, and community members

are invited to participate. Call Kim Cressotti, R.N., at Noble Visiting Nurse and Hospice Services for more information

at (413) 562-7049.

PROGRAMS/COURSES/CLINICS

CPR Course: Wednesdays, March 15th & 22nd,
6:30 to 9:00 p.m. In the Education Department/Ground Floor at Noble Hospital.

This two-part course provides American Heart
Association Adult, Child, and Infant Certification.

The cost of the course is \$45

The cost of the course is \$45.

To register or obtain more information, call No-

ble Hospital's CPR Line at 572-5172.

Smoking Cessation Program - "Forgetting Cigarettes" with Joseph Barako, R.N., Certified Hypnotherapist: Sundays, March 19th and 26th, 7:00 to 8:30 p.m. In the Bronson Music Room at Noble Hospital.

This two-part program uses hypnosis to eliminate your desire for smoking and allows you to forget cigarettes forever. The registration fee for this program is \$40 and is paid the evening of the first session.

Seating is limited, and pre-registration is necessary. To pre-register or for more information, call Noble Hospital's HEALTH BEAT at 568-2328.

Cosmetic/Plastic Surgery with Dr. Gary Russolillo: Tuesday, March 21st, 6:30 to 7:30 p.m. In Conference Room B at Noble Hospital.

Gary Russolillo, M.D., will present a lecture about Body Contouring Surgeries, Lip Enhancements, Facial Surgeries, and Skin Care Procedures. Also included will be a live chemical peel demonstration.

The presentation will be followed by a com-plimentary personal consultation. Registration is free, and seating is limited.

Pre-registration is required. To register, call Noble Hospital's HEALTH BEAT at 568-2328.

Crohn's and Colitis Support Group: Tuesday, March 21st, 7:00 to 8:00 p.m. In Conference Room at Noble Hospital.

Free of charge and open to people with Crohn's or Colitis, their family members, and support per-

For additional information, please call Noble Hospital's HEALTH BEAT at 568-2328.

Noble Hospital and The American Inn at Sawmill Park invite you to attend "The Large and Small of Colon Health" (lecture by Diane Lockhart, M.D.): Thursday, March 23rd, 2:00 p.m. In the Crane Building Auditorium, The American Inn at Sawmill Park, Route 202, Southwick.

Dr. Lockhart is a general surgeon at Noble Hospital. She will talk about lifestyle choices that keep your colon healthy; common problems that occur in the colon (large intestine); and a discussion of how they are treated.

Program is free of charge and open to the public. Call HEALTHBEAT at 568-2328 to register and for directions.

Refreshments provided. Tour The American Inn after the program.

Prog. For New Diabetics At Mercy Hospital

Newly diagnosed diabetics will benefit from "Know Diabetes, Know Yourself," a free educational program offered by the Joslin Diabetes Center affiliate at Mercy Hospital.

The next series will take place Monday-

Thursday, March 13th-16th, 2:30-4:00 p.m. in the hospital's Deliso Conference Center, 299 Carew

Registration is required; call Mercy Hospital's Patient Education Department, (413) 748-9024.

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Strength Training with Weights in a GroupX setting!

mais

Impact-free, ultra resistance exercise in water! On March 10th, 11th, & 12th
Fitness First & The Children's Miracle Network

Are teaming up to raise

Are teaming up to raise
\$25,000

for the children's unit at

Baystate Medical Center!



And YOU can help!

Participate in any of the following at Fitness First over the March 10-11-12 weekend!

- ★ 3-hour Aerobathon on March 11th
- ★ 4-hour Spinning Marathon on March 11th
- ★ Racquetball Tournament March 10-11-12
- ★ Senior Young at Heart pool class March 10th
- ★ Children's BodyPUMP March 10th
- ★ Children's Spin Class March 10th
- 9:30am 12:30pm
- 8am Noon
- ongoing
- either 8am or 11am
- 4pm 4:45pm
- 6pm 6:45pm

Or donate in any capacity!

- ★ Buy a CMN balloon!
- ★ Sponsor a participant!
- * Buy raffle tickets (we have some awesome prizes from a TV to a Mountain Bike!)!
- * Bid in our Auction (on anything from a Day at Canyon Ranch in the Berkshires to a giant LEGO set!)!
- * Bring us a raffle prize!
- * Sponsor a court!
- * Any way you do it, you will be helping make children healthier!!!

Why we work so hard at achieving our goals...

Twelve years ago Fitness First made the commitment to pledge our entire support to one charity - The Children's Miracle Network. Over the years, we have raised over \$110,000 for the children's unit at Baystate Medical Center - the place where most children are sent in this area for expert care. Each year, we give our all to collect prizes and pledges for our annual goal. This year, however, everything changed.

In June of last year, our Senior Director, Diana King went into labor, 18 weeks premature. The chances of a child's survival outside of the womb at that age are slim. However, the King family and the staff at Baystate did not give up or give in. Little Jack King was treated with the best care and guess what? He lived! And, he's healthy to boot! In fact, today, Jack is up to a hefty 16 pounds and is gaining every day. He has overcome most obstacles and is finally breathing on his own. At this rate, by his second birthday, he should be caught up with the other children his age! However, none of his progress would ever have been possible without the support of the Children's Miracle Network. The CMN provides the medical equipment needed, support groups, money for medication, a play area and school for the hospitalized children, and even rocking chairs for parents to rock their sick children to sleep in. They truly are miracle makers. We know that first-hand now. This year Jack King is the National Poster Child for the Children's Miracle Network.



This year, please join us in supporting the Children's Miracle Network. Your child may never need the hospital (we hope he/she never will) but someday you will come into contact with someone who has been or is going to the children's unit at Baystate.

Then, you too, will be very glad you gave.

Please give generously with this coupon.

Your name will appear in 2 weeks in the Agawam Advertiser as a thoughtful contributor to helping reach our goal of \$25,000.

All checks may be made payable to "The Children's Miracle Network."

I would like to help Fitness First raise \$25,000 for the Children's Miracle Network at Baystate Medical Center.

My tax-deductible gift of \$______ is enclosed. \$5 \cdot \$10 \cdot \$25 \cdot \$50 \cdot other

Name

Address

City/State

Thank you from all of us at Fitness First and Baystate Health Systems!

Please mail or deliver donations to Fitness First, 60 North Westfield Street, Feeding Hills, MA 01030



60 North Westfield Street, Feeding Hills, MA 01030 ~ 413.786.1460 www.fitnessfirsthealthclub.com



On Monday, March 6th...

Agawam Community Artists To Meet At Police Station

The Agawam Community Artists are pleased to present portrait and fine arts artist Bonnie Byrne-LeMay of Moodus, Connecticut on Monday evening, March 6th at 7:00 p.m. in the Community Room of the Agawam Police Station, 681 Spr-

ingfield Street, Agawam. Bonnie has been drawing and painting all of her life. A graduate of The Lyme Academy of Fine Art in Lyme, Connecticut, studying with the late Robert Brackman, Bonnie has worked extensively in figure and portrait painting, as well as teaching both figure and drawing and interior mural workshops. both figure drawing and interior mural workshops.

Portrait commissions are also accepted. Bonnie continues to draw and paint the figure as well as many animal themes and scenes from nature. Most recently, she has combined her artistic skills with the spiritual and healing aspect of art.

Her focus of late has been on spirits in nature and on animals, both wild and domestic in styles both realistic and fanciful. It is Bonnie's desire to share with the viewer a reverence for the natural world and convey images of life being lived, passionately and compassionately

Bonnie's most recent exhibits include The Rathbun Memorial Library, E. Haddam, Connecticut; The Slater Memorial Museum, Norwich, Connecticut; and The Gathering Place, Hartford, Connecticut

Please take this opportunity to join us. Meetings and demonstrations of the Agawam Community Artists, under the auspices of Agawam Cultural Council, are free and open to the public.

For additional information regarding the Agawam Community Artists or any of the artists that have been featured in our schedule of monthly programs, please contact Florida Tangocci at 786-3689. Performances To Begin March 31st...

Joseph & The Amazing Suzanne Strempek Shea Technicolor Dreamcoat & Tom Shea To Speak To Be Staged By WTG

The Westfield Theatre Group, a department of the Westfield Woman's Club, proudly presents its first show of the new millennium.

Under the auspices of Kathleen Palmer and Maryann Soognamiglio, the group will present Tim Rice and Andrew Lloyd Webber's "JOSEPH AND THE AMAZING TECHNICOLOR DREAM-COAT." Musical direction will be provided by David Kidwell with choreography by Stacy Ashley and Alison Forance.

This upbeat, fast-moving show stars Ben Ashley as Joseph with Sue Ingraham as the narrator of the story. Bob Delisle portrays Jacob, the father of the 12 brothers, who include Ken Casell, Tom LeCourt, Don Humanson, and Mark Parsons, to name just a few. Real-life brothers Ed and Chris Carey are welcome additions to his cast.

The show features a wide variety of musical numbers, including a calypso number, "Benjamin's Calypso," a country-western, "One More Angel," and the beautiful ballad, "Close Every Door."

Large production numbers will give the audience a treat, including the show-stopper "Go, Go Joseph."

The show opens on Friday, March 31st as a benefit performance for the Westfield Area Mental Health Clinic and continues April 1st, 7th, 8th, 14th, and 15th, all at 8:00 p.m. with matinees at 2:00 p.m. on Saturday, April 8th and Saturday, April 15th.

Ticket prices are \$12.50 for adults, \$10 for students and seniors. Anyone wishing to make reservations may call the box office at 572-6838 or stop by Monday through Thursday evenings from 7:00-9:00 p.m. starting March 27th.

Tickets for the benefit can be reserved by calling 568-1421. All performances are at the Woman's Club, 28 Court St., Westfield.

On Friday, March 3rd...

At Agawam Library

Novelist Suzanne Strempek She and Union-News columnist Tom Shea will speak Friday, March 3rd at the Agawam Public Library, 750 Cooper St., Agawam.

The event, featuring these husband and wife writers from Bondsville, will begin at 7:30 p.m. and is open to the public free of charge.

A former reporter for the Union-News and the Providence (R.I.) Journal, Suzanne Strempek Shea is the author of "Selling the Lite of Heaven," "Hoopi Shoopi Donna" and "Lily of the Valley," all of which are set in our area. Her freelance work has appeared in publications including Yankee, Walking, The Boston Globe Sunday Magazine, and The Philadelphia Inquirer Magazine. She is currently at work on a fourth novel and an anthology reaturing New England writers. Copies of her books will be available for sale and signing after the talk.

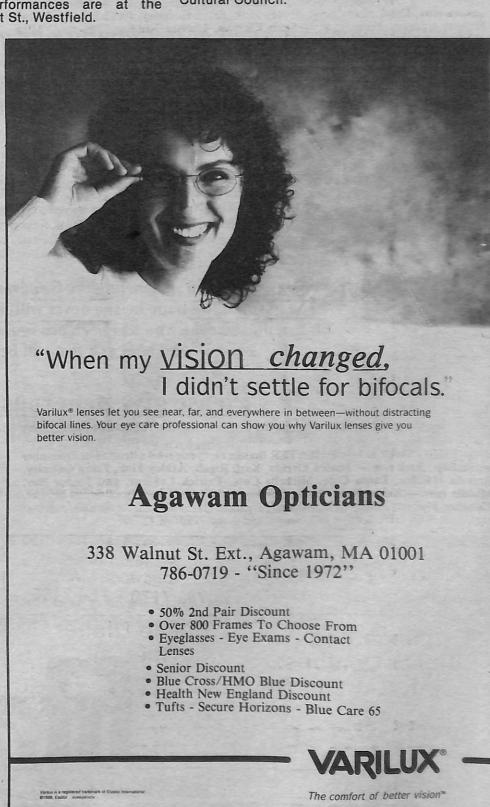
Tom Shea's thrice-weekly newspaper columns about the unsung heroes of Western Massachusetts have won him national awards and recognition. He became the Springfield Newspapers' first local columnist five years ago, and since has been recognized by the American Association of Sunday and Feature Editors, and the New England Association Press News Ex-

ecutives Associations.
In his 23 years at the papers, he also was the beat reporter following the Boston Red Sox, worked general assignment, created a weekly relition page, and did six years of investigative reporting. His freelance writing includes work for Sports Il-tustrated, Baseball America, ESPN television, and the former New England Monthly.

This free program is being presented by the Agawam Cultural Council and the Massachusetts Cultural Council.

Check our classified ads ... AAN!!! -





Sponsored By Stanley Park Of Westfield...

Summer Theatre Program For Youths

Stanley Park of Westfield plans to sponsor an exciting and new theatre program free of charge to youths ages nine through 17 during the summer

There will be three three-week sessions offered: one for fourth-sixth graders, one for middle, and one for high school students. Elementary-age students will present an original theatre piece (with music) written by Roy Drew and entitled Brave Leonard and the Amazing Marshmallow Rescue.

Middle School students will perform an original pop rock musical entitled *The Rainbow Boy*. This funny yet poitnant musical touches upon the issues of discrimination. High school students will create interconnecting music and theatre pieces based on personal experiences. All genres of

The mission of this program, sponsored by Stanley Park, is to provide, free of charge, creative and challenging theatre and music opportunities for our local and surrounding communities.

Acceptance into the program is by audition only and is free of charge to all participants. Auditions will be held at the Westfield Women's Club on Sunday, April 2nd from 2:00-5:00 p.m. and on Tuesday, April 4th from 6:30-9:00 p.m.

All those auditioning must be prepared to read dialogue and to sing a

song of choice. An accompanist will be available.

Please call Joan Robb at 413-585-9459 between the hours of 9:00 a.m.-8:00 p.m. for audition times and/or further information.

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MEMBER F.D.I.C.

Workshop By Shooting Star...



DURING THE 1999 HOLIDAY SEASON, Shooting Star Dance Center team members held a Christmas Workshop. The children had a great time doing crafts and dancing. The dance team members held the workshop to raise money for their trip to Disney this August (where they'll dance at the Magic Kingdom). Back row -Jessica Roy, Candace Flaherty, Ashley Fink, Erinn Gormley, Patrick LaFleur, and Brenda Hadden. Front row — Sean Kidman, Chelsea Kidman, "Santa," Mica Wismer, Amanda LaFayette, and Nick LaFayette.



SHOOTING STAR DANCE CENTER thanks everyone who attended its December workshop. Back row — Jessica Kierkla, Karli Rigali, Ashley Fink, Erinn Gormley, Brenda Hadden, Laura Cote, Michelle Cote, Patrick LaFleur, and Jessica Roy. Middle row — Kelsey Reed, Jamie Corriveau, "Santa," Jordan, Brianna Retzler, Candace Flaherty, Michelle Ferrentino, Heather Ghidoni, and Amber Fink. Front row - Kristin Gill, Kaitlyn O'Connell, and Lynn Hadden Quinn.

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Last Week's Solution...

ACROSS 1 Frick Museum contents 4 Movie terrier 8 Worms to an angler 12 Marshy area 16 Glutton's cry 18 Cease to function 19 French river 20 Scarlett's plantation 21 Actor Jannings 22 Where G.I. Joe wanted to be 24 General Bradley 25 Musical interval 27 Thing, at law 28 Places of refuge 30 Feldspar is one 31 Roll call response 32 Actress Arden 33 Shoe part 37 T.V. "Squad" 38 Really destroys 42 Despised 43 Pro -44 Hurries 46 Eggs 47 State 48 — china 49 Palm leaf 50 N.Y.C. paper for short 52 Narc's org. 53 Like Mr. Gable 55 They encipher 56 Rent 58 Edison's monogram 59 Obsession 60 Capital of Greece

67 Diving birds 68 Cote bleat 69 Charged particles 70 Peter Lorre's detective 71 "Desire" tree 72 Peeling 73 Angler's wand 74 More rational 75 Boiled with anger 78 House animal Arty toppers 80 Plunger 81 Elevator man and feather

62 Actress Anne 64 Anzio lander

87 Pro and -88 Art shading 93 Width times length equals -94 Away 97 Arabian Sea gulf

84 Type of envelope

98 Obey 99 The - Scott Affair 100 Out of the wind 101 Larry of the Celtics 102 Summer coolers 103 Matched pairs 104 Sea bird

105 Turn downs DOWN 1 Singer/actor Ed

2 City of seven hills 3 Remove excess On the beach 5 Member of a "Rolling" group 6 Big book 7 Mime 8 Insect causing a yawn? 9 Sprang up 10 Roadside stopover 11 Leashes

12 Kitchen implements 13 Crippled 14 Algerian city 15 Needlefish 17 Yale man 23 Flintstone of Bedrock

26 Related 29 Mr. Sinatra's second 31 Pioneer in a way 33 —— a dream 34 Church hub 35 Score from third 36 Poet's over 37 Darn

38 Afternoon affair 39 By oneself 40 Eternally 41 Backtalk 43 Sound quality 44 Keep these burning 45 — de France 48 Choir member 50 Many pounds 51 Mr. Amin

53 Brinker of "The Silver Skates" 54 Lout 55 Inlets **57 Poetical contraction**

59 Darn 60 Pub potions 61 Enameled metalwear

62 Artist Vermeer 63 Cheer for 65 Printer's command 66 High peaks 68 Make an offer 70 Disfigure 72 Sends back to a lo-

wer court 74 Land worker of yore 77 Actor Linden 78 Liquid measure 79 Whale food strainer 81 Musical group

82 Pond denizens 83 More domesticated 84 Papa's mate 85 Dry 86 Hawaiian goose 88 Pit 89 Bar bill

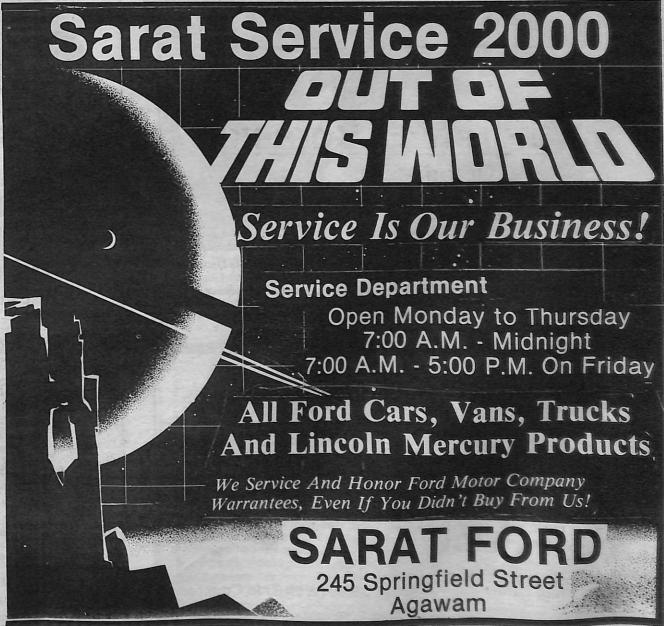
90 God of thunder 91 Roman fiddler 92 Finishes 95 Mine find 96 Topper

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter...

Meet The Master - by Dick Mastroianni...

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Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street (in the Crossroads Shoppes), Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030.





Education

Sponsored By The Mercy Warren Chapter Of The DAR...

Mary-Elizabeth **Dupelle To Receive** Good Citizen Award

The Good Citizen winners for the year 2000 sponsored by the Mercy Warren Chapter of the Daughters of the American Revolution, will be recognized at a special meeting on Tuesday, March 7th. This event, the highlight of the Chapter's year, will meet at Faith United Church, 52 Sumner Avenue, Springfield. A light reception, served by the Betsy Ross Club, will precede the

Among this year's recipients of the DAR Good Citizen award is **Mary-Elizabeth Dupelle** of Agawam High School.

All winners were chosen by the faculty and senior class members of each of their 20 respective local high schools. They will receive a certificate and a medal, and the winner of this group will receive a \$100 U.S. bond and his or her essay will be forwarded to the state level competition.

Vice-Regent David R. Cahill, Chairman of the Good Citizens Program, will conduct the meeting and present the awards.

James Clark PTO Selling Raffle Tickets For DisneyWorld Trip

Have you had enough of the snow, sleet, and frigid temperatures? Would you like to take a trip to someplace warm?

The James Clark School PTO has your ticket raffle ticket, that is! A DisneyWorld family vacation is the prize for our Spring Fundraiser Raffle. The trip, with a value of \$3,000, includes round-trip airfare, accommodations, and DisneyWorld park-hopper passes. Erin World Travel of Westfield is coordinating the trip.

Raffle tickets are \$1 each or a book of six tickets for \$5. Tickets will be sold from March 1st to May 1st. The drawing will be held on May 10th and you don't need to be present to win.

Tickets may be purchased from any James Clark School student or by calling Carla Chase at 789-3846, Ann Marie LaZazzera at 789-3141, or Cathy Blood at 786-5103.

- ADVERTISER NEWS -

Applications Available For WestFest Arts **Scholarship Program**

Applications are now available for the 2000 WestFest Arts Scholarship Program. This innovative program will offer awards totaling \$3,000 to talented area young people to further their studies in the visual and performing arts.

Awards are paid directly to the school or instruction program named in the application or as reimbursement for supplies and equipment. Eligible categories include visual arts, dance drama

music, and writing.

Applications will be evaluated upon merit (not necessarily based on financial need) and talent with consideration given to the applicant's genuine interest in the arts, recommendations, community activities, and other information. Applicants must be residents of Hampden County in

Massachusetts. Applications must be postmarked by March 30, 2000.

WestFest Arts Scholarships are given in conjunction with the annual WestFest Arts Festival. The event is a community cultural program developed by the Westfield Arts Council and produced by WestFest Inc., a nonprofit organization whose purpose is to foster cultural enrichment in greater Westfield.

The festival celebrates its 19th anniversary on May 20th and 21st in the rose garden at Stanley Park in Westfield. Weekend events include a juried Arts & Crafts Show, Visual Arts Award Show, and Youth Art Show.

The show is held rain or shine and there is food and ample free parking available on the grounds. Funding for WestFest is provided in part by the National Endowment for the Arts and Massachusetts Cultural Council grants as well as support from businesses, civic groups, and individuals to help fund youth art programs and arts scholarships.

Application forms are available through local school departments and/or by sending a self-addressed, stamped envelope to WestFest Scholarship Program, P.O. Box 2020, Westfield, MA 01086.

Our classified advertisements will bring you FAST, FAST results... **ADVERTISER** NEWS!!!

Agawam Schools' Weekly Lunch Menu

Monday, March 6th: Hamburg in roll, oven-baked potato rounds with catsup, seasoned carrots, cinnamon applesauce,

Tuesday, March 7th: Rotini with meatsauce, Italian bread and butter, tossed garden salad with dressing, pineapple tidbits or orange blossom cake with icing,

Wednesday, March 8th: Shepherd's pie with mashed potatoes and vegetables, half Fluffernutter sandwich, midnight chocolate cake with icing, milk.

Thursday, March 9th: Cup of orange juice, grilled cheese sandwich, pickle chips, seasoned potato wedges with catsup, ice cream cup, milk.

Friday, March 10th: No lunches served. (In-Service Day.)

Professional Dev. Day For Agawam Schools On Fri., March 10th

On Friday, March 10th, the Agawam Public Schools will conduct a full day of professional development for all PreK - 12 staff.

Consequently, schools will not be in session that day, since teachers will be attending various workshops and training sessions.

Students will return to school on Monday,

March 13th.

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334 Walnut St. Ext. Agawam, MA 01001

(413) 789-0031

Agawam High School's Calendar Of Events For March 2000

For The Month Of March: * Guidance Dept. — 2000-2001 Student Scheduling * Junior Class Supermarket Voucher Fundraiser

March 3rd: Renaissance Gold & Gold Plus Card distribution; Open Discussion Group sponsored by the Substance Abuse Prevention Program; Volleyball Tournament, period 7, AHS gym; CHEERLEADING COMPETITION, Bartlett High School, 7:00 p.m., Webster, MA

March 4th: SAT PRACTICE TEST at AHS, 8:30

a.m.-12:30 p.m.

March 5th: CHEERLEADING COMPETITION,
Chicopee High School, 2:00 p.m., Chicopee, MA
March 6th-9th: LANGUAGE WEEK - "Year 2
Learn a Language"
March 6th: WESTERN MA. JAZZ FESTIVAL,
West Springfield High School
March 7th: Student Breakfast sponsored by the

junior class, 6:50-7:20 a.m.; Mardi Gras, French classes; Intergenerational Book Club will meet to discuss "The Poisonwood Bible"

March 8th: Girls' Wednesday Morning Discussion Group sponsored by the Substance Abuse Prevention Program; Math Club meeting to

organize Math Day

March 9th: Substance Abuse Prevention Program Student Breakfast, 6:50-7:20 a.m.; Peer Leadership planning session for Jr. High presentation; Family Resource Group sponsored by the Substance Abuse Prevention Program; SAT PRACTICE TEST INDIVIDUAL RESULTS presented to parents/students, 7:00 p.m. (Representatives from the Princeton Review available) available.)

March 10th: PROFESSIONAL DEVELOPMENT
DAY - NO SCHOOL FOR STUDENTS
March 12th: WESTERN MA. REGIONAL CHEER
CHAMPIONSHIPS, LOCATION TBA
March 13th: PHYSICALS FOR SPRING

SPORTS, 8:00 a.m., nurse's office

SPORTS, 8:00 a.m., nurse's office

March 14th: Student Breakfast sponsored by
the junior class, 6:50-7:20 a.m.; MATH DAY - EXHIBITS IN ROTUNDA/FILM TO BE SHOWN

March 15th: JOURNALISM CONFERENCE AT
AIC FOR MIRROR AND UNIQORN STAFF; MAKEUP PHYSICALS FOR SPRING SPORTS, 8:00 a.m.,
nurse's office; Girls' Wednesday Morning Discussion Group sponsored by the Substance Abuse
Prevention Program; Intergenerational Poetry
Group meeting, 1:50-2:35 p.m., Room 38;
LANGUAGE AWARDS NIGHT, 7:00 p.m.

March 16th: Substance Abuse Prevention Program Student Breakfast, 6:50-7:20 a.m.; Family
Resource Group sponsored by the Substance

Resource Group sponsored by the Substance for First Sem Abuse Prevention Program; Peer Leadership planning session for Jr. High presentation; SCHOOL tion Program

IMPROVEMENT COUNCIL meeting, 7:00 p.m.; WINTER ATHLETICS RECOGNITION NIGHT, 5:30 p.m., gym/cafeteria

March 17th: Renaissance Winter Sports Grade Point Average Contest Winners celebration; Open Discussion sponsored by the Substance Abuse

Prevention Program
March 19th: AHS BAND TO ST. PATRICK'S DAY
PARADE, Holyoke, MA; WINTER STATE
CHEERLEADING CHAMPIONSHIPS at Lowell
High School, Lowell, MA - time TBA
MARCH 19th-25th: NATIONAL INHALANTS &
POISONS AWARENESS WEEK, Health Ed. Dept.
March 20th: MATH CLUB CANNED FOOD
DRIVE FOR OPEN PANTRY BEGINS
March 21st: Student Breakfast sponsored by

March 21st: Student Breakfast sponsored by the junior class, 6:50-7:20 a.m.: SUPERINTENDENT'S STUDENT ADVISORY COUNCIL, 2:00

March 22nd: Girls' Wednesday Morning Discussion Group sponsored by the Substance Abuse Prevention Program

March 23rd: Substance Abuse Prevention Program Student Breakfast, 6:50-7:20 a.m.; Peer Leadership workshop planning session for Kick Butts Day; Family Resource Group sponsored by the Substance Abuse Prevention Program
March 24th: THIRD HEPATITIS B IMMUNIZA-

TION FOR SENIORS, nurse's office; Open Discussion Group sponsored by the Substance Abuse

Prevention Program

March 28th: Student Breakfast sponsored by
the junior class, 6:50-7:20 a.m.; Presentation of
Agawam Academic A's to seniors with outstanding grade point averages, 7:30 p.m. at the School Committee meeting held at the Agawam Middle

March 29th: Girls' Wednesday Morning Discussion Group sponsored by the Substance Abuse Prevention Program; Math Club meeting; Intergenerational Poetry Group meeting, 1:50-2:35 p.m., Room 38; SPRING ATHLETIC BACK-TO-SPORT NIGHT, 6:00 p.m., cafeteria

March 30th: Substance Abuse Prevention Program Student Breakfast, 6:50-7:20 a.m.; Family Resource Group sponsored by the Substance

Resource Group sponsored by the Substance Abuse Prevention Program; SPRING ATHLETIC MEDIA DAY, 2:15 p.m., Harmon Smith Field; Peer Leadership planning session for Kick Butts Day

March 31st: Renaissance Perfect Attendance for First Semester celebrated; Open Discussion Group sponsored by the Substance Abuse Preven-

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you for your cooperation in this matter...

St. Mary's High School Registration And Orientation

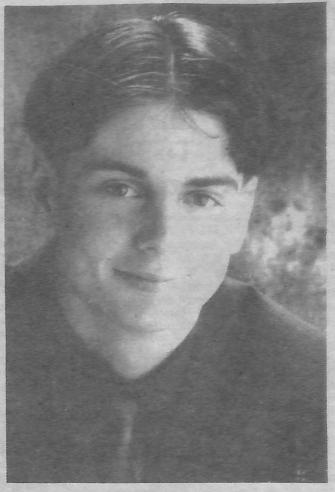
For students planning to enroll in September 2000

Thursday, March 9, 2000 8:00 A.M. - 3 P.M. & 6:00 - 8:30 P.M.

> St. Mary's High School **27 Bartlett Street** Westfield 568-5692



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RYAN DROBOT

Ryan Drobot Attains Dean's List At WNEC

Ryan Drobot has attained the Dean's Honor List at Western New England College for the fall 1999

Ryan is a freshman majoring in business. He is the son of Mary Anne Drobot of Feeding Hills.

Spring Parents' Night Slated For March 13th At Agawam Jr. High

The Agawam Junior High School will conduct its annual Spring Parents' Night on Monday evening, March 13th, from 7:00-9:00 p.m.
All parents of seventh and eighth grade students are welcome to attend the annual conference night, which features brief meetings with

ference night, which features brief meetings with teachers and staff members.

Classroom secretaries will schedule five-minute appointments with individual teachers

The Spring Parents' Night is an excellent opportunity for parents to visit the school where they may review their child's academic progress.



ALL PAPER GAMES

Agawam High School Guidance Bulletin

COLLEGE ACCEPTANCES: Congratulations! Erin Sullivan: Worcester State College.
Ann Paquette: Springfield College.
Laura Reveruzzi: Temple University, Westfield State College, Western New England College.
Shawn Gloster: Northeastern University.
Alisha Pisano: Roger Williams University, Bridgewater State College.

Days Moore: Bridgewater State College.

Dave Moore: Bridgewater State College.
Nick D'Angelo: Western New England College.
Hilary King: Westfield State College, Elms Col-

Jessica B'Shara: American International Col-

Nicole Ghaname: Northeastern University. Robert Woods: Assumption College. Edwin Torres: Assumption College. Ket La: University of Hartford. Carianne Bussolari: Nichols College.
Tiffany Scaife: Northeastern University.
Caroline Scherpa: Northeastern University.
Rebecca Long: Holyoke Community College.
Erin Lightcap: Holyoke Community College,
Springfield Technical Community College.
Krysten Zarr: Holyoke Community College.
Jessica Menard: Springfield Technical Community College.

Jessica Menard: Springfield Technical Community College.
Nick Moretti: Springfield Technical Community

Jennifer Sommer: Western New England Col-

Brian LaBorde: American International College, Holyoke Community College.

Christine Gallant: Fitchburg State College. Mike Whitehead: Springfield Technical Community College.

Joe Manfredi: Fitchburg State College, Springfield Technical Community College. Tammy Norton: Springfield Technical Com-

munity College. Jane Santucci: Palm Beach Community Col-

MILITARY: Congratulations!
Michelle Dise: Army National Guard.
SCHOLARSHIPS: See your counselor for more information or an application.

The Mass. Flower Growers Association Scholarship: Open to students who plan to major in horticulture or a related subject. Deadline: April

April Rotary Club Charles H. Heyl Scholarship: Available to Agawam residents who plan to further their education in a vocational/technical education area. Deadline: April 1, 2000.

Agawam Rotary Club Andrew Gallano Scholarship: Open to Agawam residents who plan to pursue a major in the fields of painting, drama, languages, music, dance, journalism, poetry, architecture, and graphics. Deadline: April 1, 2000.

Westfest Arts Scholarship: Open 1, 2000 area

students who plan to major in horticulture or a related science. Deadline: April 15, 2000 Mass. Horticultural Congress Scholarship:

Open to students who plan to major in hor-ticulture or a related science. Deadline: April 15,

The following colleges are offering scholar-ships to students who plan to attend that college and meet the qualifications: **Greenfield Communi**

ty College and Lyndon State College.

OPEN HOUSES: See your counselor for more in-

Rutgers University: Saturday, April 1st. Juniors and their parents are invited to attend.

— ADVERTISER NEWS —



From The AHS Guidance Office ...

by Judy Cohen Agawam High School Guidance Counselor

Love The Person; Hate The Actions

Jim came into my office, clearly distraught. He shut the door, took a seat, and started to talk so quickly that I had trouble keeping up with his

His anger was palpable; his feelings were hurt. He felt bereft and was reaching out for comfort. His story was not unlike many others that I had heard over the years and somehow I will never get used to them or to the obvious pain that the happenings incur.

It seems that Jim's dad came home one evening and announced to the family that he was leaving. No explanations were given except that he was unhappy. His three children were incredulous and his wife was dumbfounded. No one had had an inkling that Dad had been upset and was contemplating a separation.

Jim was in my office searching for answers. Could he have done something wrong to get his father upset? What had his mom done? Should he be annoyed at her? What about his siblings? There seemed to be so many questions, yet there appeared to be no answers and the father's solution to separate was not the one that Jim wanted. "I really hate him, Mrs. Cohen. He calls me at home and wants to take me out. Frankly, I don't want to see him or talk to him again." With that, Jim's eyes fill up and I can see that he is struggl-

ing for control.

"Jim," I say gently, "I can hear that you're angry. Your family all of a sudden is disintegrating and you feel powerless. Tell me, do you love your dad?" Looking up, Jim responded, "That's the funny thing. I do, but I hate him, too. How can that be? I am so confused!"

"You know," I continued, "It's okay to still love

Information Night On Tues., March 14th, At Clark School

preparation for Agawam's Kindergarten Registration, a Parent Information Night will be held on Tuesday, March 14th at 6:30 p.m. at Clark

Parents of all children entering kindergarten in September 2000 are invited to attend. The pro-gram will be to answer questions parents might have in regard to their child entering school in

Children who will be five (5) years of age prior to October 1, 2000 are eligible for enrollment in kindergarten in September.

your dad. He's your dad and you have shared good times together. But it's okay, too, to hate his actions. So try looking at your love of total Dad and the hatred of his actions separately. In this way, you will be able to continue loving Dad, but still disapprove of what he has done. Do you understand what I mann?" tand what I mean?"

Jim thought for a moment and then nodded his head yes. I continued to talk to him and pointed out that Dad's leaving was no reflection on Jim or his siblings. Clearly, it was a decision that Dad chose to make and had some causes behind it. Jim, as his son, would probably not be privy to the reasons since they did not concern him. Dad wasn't separating from him; he was separating from his mother. Jim thought this over and felt a little relieved that he was not the reason behind Dad's obvious unhappiness.

"You know, Jim, by not going out with your Dad, you are really giving him no opportunity to offer you any explanations. When he left, he probably felt he couldn't share anything. Now that some time has elapsed, he may feel able to shed some light on his decision, or he may not choose to do so. But, do go out with him, not to say okay to what he has done, but to keep the communication open, to listen to his side. Be honest with him. Tell him that you hate his actions. You're angry and upset and he needs to see that, hear that, and deal with it. On the other hand, he is your dad and it is hard to just turn off that love. So keep the love, and make the date to see him. Actually, go with him to a restaurant. There, with people around, he will have to listen to you. You will have to listen to him. Together, you will share without

screaming. Will you try to see him?"

"I'll think about it, Mrs. Cohen. I do miss him, but I am so angry." Smiling up at him, I replied, "I know you are, but anger solves nothing. Communication attempts to solve so much more."

It took Jim about a week. Finally, he did decide to meet with Dad. He wasn't meeting with him to forgive him; rather, he just wanted Dad to know how his son felt and he wanted to hear what his dad was thinking. Jim returned to my office. He still wasn't happy. His folks were still separated, but this time, he was clearly more comfortable in his own skin. Anger was not eating him up. He had learned that he could hate Dad's actions, but still continue to love him.

Robert T. Fuller On Dean's List At The College Of Wooster

Robert Theodore Fuller of 4015 Camino Lindo, San Diego, California, a member of the Class of 2003 and formerly of Agawam, has been named to the first-semester Dean's List at The College of Wooster in Wooster, Ohio.

To be named to the Dean's List, students must achieve a semester grade point average of 3.5 or above.

Fuller is a 1999 graduate of Agawam High School. He is the son of the Reverned & Mrs. Kurt Fuller, the former pastor of Agawam Congregational Church.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter ...

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Wednesday



Girls' Hoop Vs Longmeadow...

AHS Loses Last Regular-Season Contest, 54-34

by Dave Rollins Sports Editor

The Agawam High girls met and lost to visiting and highly regarded Longmeadow High (18-2), 54-34, in their final regular season basketball game on Senior Night for the AHS girls (Kate Shannon, Sheri Benton, and Jen Lyman). That meant the locals were cast as the fifth seed in the

upcoming Western Mass. Division I Tournament.
They play fourth-seeded East Longmeadow
(13-7) this Saturday, March 4th at 7:00 p.m. at the

Spartans' gym.

The two teams have not met this season. Stop just a second before you savor the playoffs. Let's get back to the Longmeadow game. Agawam would have loved to pull the huge upset, but the Lancers, who beat the Brownies at their place, 52-36, on February 8th, were a force in this one as

Longmeadow, with a great defense that has it the number two seed in the upcoming tournament, used plenty of blanket defense against the Brownies. Agawam had to fight the 30-second clock many times. It was a frustrating evening.

Locals Fighting The Clock

It was 18-11, Longmeadow, with 5:06 off the clock. Both teams were going downtown. Agawam was 1-7 and the Lancers were 1-6 from three-point land. It was 20-11, Longmeadow, on 7-18 shooting and 4-16 for the Brownies. The Agawam girls, fighting the Longmeadow defense, were also fighting the clock. They saw it draining down on almost every excursion up the floor. You can't take a shot when it reads two or fewer seconds left.

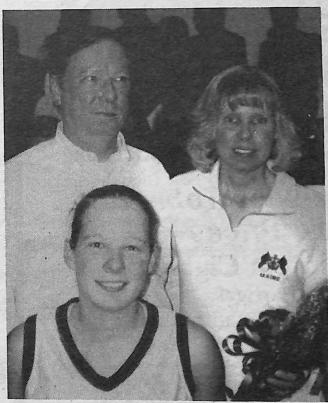
As the clock ran down, Longmeadow's premier post-up player, senior Marisa Moseley (on a full boat to Boston University) took up residence in the paint. No Brownie could challenge her. Moseley banged down a couple deuces off some offensive boards to make it 29-14, Longmeadow,

Agawam needed a monumental comeback to beat the Lancers in the second half. Longmeadow Coach Wayne Patterson put his charges on cruise control. Moseley sat out much of the second 16 minutes and the sub got plenty of floor time.

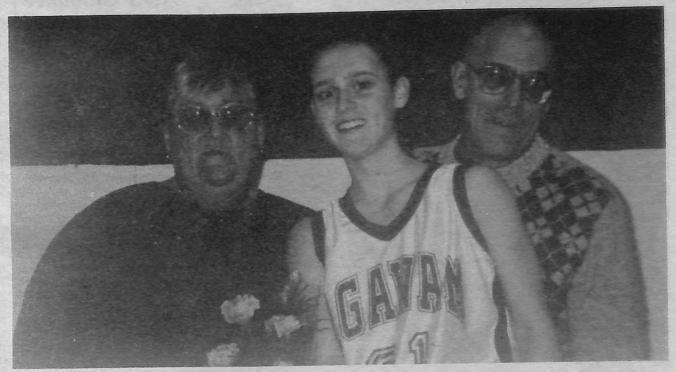
Freshman Steps Up

It was a hard effort by both sides. Agawam would not get close again. But Agawam High Coach Lou Conte, looking ahead, saw some youngsters step up. Vicki Taylor, who is just a freshman, is one of them. She had four points and even bigger, six rebounds (two offensive). Those four points came off the offensive glass. Vicki is

SEE GIRLS' BASKETBALL - Page 33...



BEING RECOGNIZED ON "SENIOR NIGHT": Kate Shannon, pictured above with her folks, Gary and Janet Shannon. Advertiser News photo by Dave Rollins.



"SENIOR NIGHT" marked the final regular season basketball game for Agawam High School's girls' varsity basketball team. Among the senior team members who were honored was Sheri Benton, pictured above with her mother and father, Alma and Clyde Benton. In photo below: Jen Lyman with her parents, Dee and Dave Lyman, on "Senior Night" for the girls' varsity basketball team. Advertiser News photos by Dave Rollins.



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KATE CHMURA, captain of this year's varsity cheerleading squad, was also honored on "Senior Night" for the girls varsity basketball team. Advertiser News photo by Dave Rollins.

GIRLS' BASKETBALL - from Page 32...

just a young girl. But if you were going to walk down dark alleyways all by yourself, you would want her next to you. Taylor has learned to be an inside player at a lean 5'9½" after coming into the program last fall as a perimeter player. Credit Conte and Assistant Coach Harold Cote for the transformation (not an easy one) transformation (not an easy one).

Then there is sophomore point guard Jenna Shea. She looks like a young waif, yet she has that little mean streak painted across her face - the at-

titude that says she can run an offense.

Junior Liz Stieg led AHS with 12 points, including 2-4 from three-point land.

We had the opportunity to see Conte put the kids through their paces at the High School Monday. day afternoon. The girls went up against the boys' JV team, along with some of the boys' freshmen thrown in. It was the type of event you didn't want to leave. They went up and down the floor. The boys were pretty macho. The girls were very workmanlike. They boys would take a shot off two passes. The girls would shoot off three.

passes. The girls would shoot off three.
Anyway, it was over. And here is how it went.
AGAWAM STATS vs. LONGMEADOW: GENDRON - 2 POINTS, 1-11 FGS, 0-3 FTS, 0-4 THREE POINTS, 3 REBS, 1 OFF: CLARK - 4 POINTS, 2-4 FGS, 0-2 FTS, 1 REB; LYMAN - 2 POINTS - 1-2 FGS; LOTTERMOSER - 2 POINTS, 1-3, 0-2, 4 REBS, 2 OFF; SHANNON - 2 POINTS, 1-3 FGS, 0-2 FTS, 2 REB, 1 OFF; BENTON - 4 POINTS, 2-4 FGS; STIEG - 12 POINTS, 4-9 FGS, 2-2 FTS, 2-4 THREE POINTS, 2 RB; SHEA - 2 POINTS, 1-3 FGS, 0-1 FTS, 0-1 THREE POINTS; TAYLOR - 4 POINTS, 2-5 FGS, 6 REBS, 2 OFF; BUCALO - 0 PTS.

Available From Agawam Parks & Rec.

"Group Nights" Offered For Spfld. **Falcons Hockey Games**

The Springfield Falcons, a professional hockey team, is pleased to announce Group Nights sponsored by the Agawam Parks & Recreation Department, to be held once a month through April of

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The Recreation Department has tickets for all games available now, and they may be purchased at any time up to 24 hours prior to the game. Please call the Recreation Department at 821-0513 for more information.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter...

Schoolboy Hockey...

Brownies Bow To Amherst Regional, 5-4

by Dave Rollins Sports Editor

The Agawam High hockey team has the 11th seed in the upcoming Division III WMass Tournament. They bought it with a 5-4 loss to Amherst Regional at the Orr Rink last Saturday night.

Amherst is an outstanding team. They'll go into the playoffs with a third seed (16-4, 10-3) and will be a force. It showed the other night. They went up on the Brownies (11-9, 8-4), 4-0 in the second period. They got their fourth goal with 6:03 gone.

Then Agawam, with their wealth of talent, came

back. Jason Malanson hit a shot from the faceoff

circle on the right side off assists from Brian Pagella and Adam Sprague to make it 4-1.
Pagella got a wrap-around goal 24 seconds later to make it 4-2. A drop pass from John Tisdell to Tony LeClair made it 4-3, Amherst, midway through the second.

Agawam was down 4-3 in the third. Forty-two seconds into that period, Jason Malanson scored off assists from Brian Gilhooly and Sprague. It was tied up at four-all.

Amherst would score the game-winner with three minutes left.

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you for your cooperation in this matter ...

From March 7th-9th...

Girls' Lacrosse Clinic Slated For Grades 5-9

The varsity girls' lacrosse team will be conducting its annual lacrosse clinic on March 7th, 8th, and 9th for girls in grades five through nine. The cost of the clinic is \$25 for the three days, and will be held at the Agawam Junior High gymnasium from 6:00 p.m. to 8:00 p.m.

This is a great opportunity to learn the basic skills of catching, throwing, cradling, and shooting. There will be drills, practice time, and

small game play.
Sticks will be provided if needed. Registration forms can be picked up at the Agawam Middle School and the Junior High.

Sign-Ups And **Tryouts Slated For** AHS Boys' Volleyball

Agawam High School boys' volleyball 2000 sign-up and tryouts will be held at the school's cafeteria on March 15th at 2:15 p.m.

Physicals are needed to play a spring sport if you have not participated in any sport in the fall or winter and will be conducted in the nurse's office an March 13th and 15th (marnings only). Physicals on March 13th and 15th (mornings only). Physicals must be completed in order to try out and participate in practices.

Varsity tryouts and practices will begin on March 20th, 3:00-6:00 p.m.; March 21st, 3:00-6:00 p.m.; March 23rd, 4:00-6:00 p.m. and will be held every day except game days (weekends and holidays a possibility, but rare).

Junior varsity will practice earlier.

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Schoolboy Basketball...

Brownies Do Themselves Proud Against Amherst

by Dave Rollins Sports Editor

The Agawam High boys' basketball team lost to visiting Amherst Regional last Thursday evening, 79-59. It was their 20th setback of the season. They ended up 0-20, 0-10. Amherst (13-7, 6-4) came in with 12 kids and played them all. The bottom line in this one was the fact that Agawam had only

six kids on the roster. They all played.

They were up against it all game long. Every one of them did Agawam basketball proud. First-year mentor Brian Alvest coached is best game.

Amherst, the seventh-seed in Division I in Western Mass., jumped out to a 13-8 lead behind a zone. They went up 19-13 when Agawam's Brian Forsman drained a three to make it 19-17 with 7:15 left. Senior Joe Stellato then hit two free throws

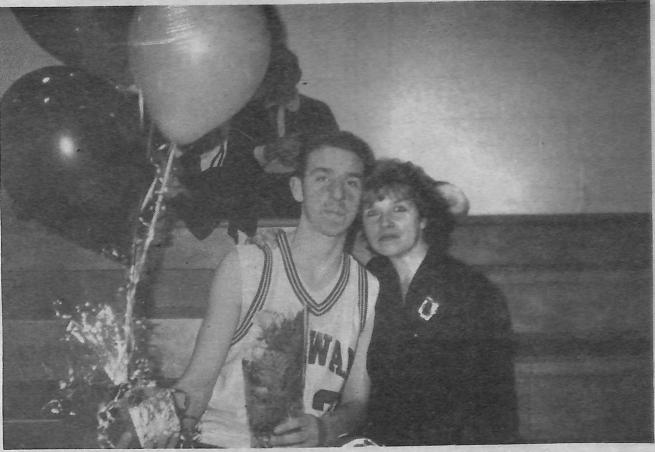
and it was 19-18. The Hurricanes, who beat the Brownies up in Amherst earlier in the year, jumped out again to lead, 27-18 with five minutes to go in the half.

Junior Sean Mercadante (who would have 24 points, including 7-10 from three-point land, was 3-4 in the three department in the first half), brought the Brownies to 30-22 with 3:14 left. The first 16 minutes ended with Agawam down, 36-27.

Brownies Within One

Both teams zoned up to start the second half. Adam Ellsworth knocked down a deuce to make it 36-29. Mercadante drained a three, junior Lou Conte hit the deuce, and Mercadante tallied another three to make it 38-37 with three minutes off the clock.

Both teams weren't shy when it came to shooting. Amherst was 5-14 from the floor and Agawam was 7-9. It was 50-45, visitors, at the 11:19 mark. Agawam was 4-6 from downtown. Mercadante, shooting lights out, was now 3-5 in the three-point category.



JOE STELLATO, a senior player on the Agawam High boys' varsity basketball team, poses with his mom, Brita, at the team's "Senior Night" game on Thursday evening (February 24th) versus visiting Amherst Regional. Advertiser News photo by Dave Rollins.

Conte, who is becoming a real force in basket-ball (much like his tight end days in football), scored a deuce on a drive and got fouled. The 6'1" forward hit the charity shot to bring his team to within five at 53-48.

Then Mercadante got fouled heaving up a trey. He had three shots from the line and hit one. Amherst then went on a roll, and stretched the

Amnerst then went on a roll, and stretched the score to 57-49, then 60-49.

They were in a double-up press with 4:50 to go. Off 8-28 from the field, as opposed to Agawam's 8-15, they were up 67-54 with 3:36 to go.

Agawam, because of their numbers, couldn't press. It was obvious after their great effort at path ands of the floor they were tired.

both ends of the floor they were tired.

It's over now. But this is a team of the future.

AGAWAM INDIVIDUAL STATS: Mercadante - 24
points, 8-11 FGS, 1-3 FTS, 7-10 three points, 3
REBS, 1 OFF; Ducharme - 2 points, 1-3 FGS, 2
REBS, 1 OFF; Conte - 10 points, 4-9 FGS, 2-4 FTS,
7 REBS, 1 OFF; Stellato - 12 points, 2-9 FGS, 7-8
FTS, 1-3 three points, 3 REBS, 1 OFF; Ellsworth - 7
points, 2-7 FGS, 1-2 FTS, 2-6 three points, 1 REB.

TEAM: 19-48 FGS (39 percent) 11-17 FTS (64)

TEAM: 19-48 FGS (39 percent), 11-17 FTS (64 percent), 10-18 three-pointers (38 percent). REBOUNDS - 19, 4 OFF. TURNOVERS - 10. POINTS ALLOWED OFF TO'S - 5.

AMHERST TEAM - 31-65 (44 percent), 16-24 (66 percent), 1-6 three-pointers. REBOUNDS - 22, 17 OFF. TURNOVERS - 4.

Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street (in the Crossroads Shoppes), Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030.

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IN LEFT PHOTO: Dave Moore (right), who came in second at the All-State Wrestling Championships, gets ready to practice for the New England Championships with Brownie teammate Aaron Gilbert. IN RIGHT PHOTO: Moore definitely has Gilbert at a disadvantage. Advertiser News photos by Dave Rollins.

Dave Moore Takes 2nd In All-States; Next Stop, The New England Tourney

by Dave Rollins Sports Editor

Agawam High senior Dave Moore came in second (losing to Bob Lewis of Carver, 5-2 in the championship finals) at the recently completed All-State Wrestling Championships up in Salem. The three-time All-Western Mass. Champion had a bye in the first round.

"I wrestled a kid from Winchester in the second round. I beat him 10-1. But it was tough. We were tied at zero after the first period. I got five points on a takedown and some back points in the second period, to go up 5-1. Then I got going. I took him down again and with some back points, got up 10-1 and it was all mine," he said.

Then, in the semi-finals, he met Natick's Brian Gammons. Brian pinned me at the Milford Tournament (early in the season). "I beat him 5-1 this time around," Moore said. "He had me in a headlock to start things off. I went to the

headlock. I was up 3-1 at the end of the first period. I got two more points on another takedown and went into the third period leading 5-1. I rode him all the third period. There was no way he was going to beat me."

Into The Finals...

Then the AHS champion was into the finals against Carver High's Bob Lewis. And he saw a move he has never met before. "Yeah, I've seen it, but never experienced it. The move is called 'Japanese Wizard.' It was the first period. We were tied at zero. The 'Japanese Wizard' is an off-balance move. I wish I could explain it to you. It's an arm-throw for a takedown, which gets you totally off your balance. It is very complicated. He went up 2-0 and it was a real tough match for me. "I tied him up two-all in the second period. I

picked the bottom and had him in a cradle with points for the pin and I was going for it when time ran out.

"We went into the third period tied at two. He picked the bottom. I gave him an escape where he scored two points to go up 3-2. Then he shot on me to give him two more points. After that, he got really tough. He went into a defensive mode. Bob was going to make me win the match. It didn't happen," added Moore.

Next up for Moore is the New England Championships at Lowell High School. Then, he will be going to Pittsburgh at the end of this month for the Nationals. Then, when his wrestling career ends (for the moment), he'll suit up for AHS lacrosse. There, he has the school record for most goals scored.

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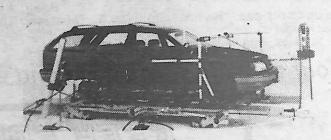
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Profile...

Brian Pagella — An "Unsung Hero" For Agawam High Hockey Team

by Dave Rollins

Brian Pagella is one of the top schoolboy hockey players in Division III, Western Massachusetts. Recently, the Brownie senior took some time out to talk about his days at Agawam High School.

Brian is 5'10". He weighs in at 160 pounds. His birthday is September 23rd.

Brian has spent all four years of his secondary education at AHS. He's taking second-year Italian, English, environmental science, and business math. Italian is his favorite course. The man who teaches it, Vladimiro Orefice, is his favorite instructor.

Right now, Brian isn't sure where he wants to go to college - it could be Springfield Technical Community College or Holyoke Community Col-

Hockey is Brian's sport. At presstime, he has 20 goals and 10 assists. He has been playing hockey since age four. Brian's most memorable sports moment consists of his years playing hockey for AHS. "It has to be winning the Fay Division as a freshman, sophomore, and junior," he said. He sees this year's team, which is seeded 11th

in the tournament, as a talented one. "Sure, we would like to be seeded higher than number 11. But when we play like a team, and we do most of

the time, we are tough to beat."

The Brownies (11-9) will face Longmeadow on Friday, March 3rd at the Olympia in a first-round game. The Lancers, a sixth-seed at 10-7-3, beat the Brownies, 6-2 earlier in the year.

Brian's favorite food is prime rib. Green is his favorite color.

A Dodge Viper is his car of choice.

His team is the San Francisco 49'ers. He likes to relax with his friends.

"I like my clothes to be preppy and casual. I get them at American Eagle and Abercrombie and Fitch at the mall," he said. Brian likes classic rock. "My favorite group is

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Mondays...

The Doors," he noted.

His TV show is "The Simpsons." "Happy
Gilmore" is his favorite flick.

Judy is his mom. Tom is his dad. He has an older brother, Kevin (20), who is a graduate of

Brian looks up to his dad. "He has taught me a lot," the senior said.
When his days at Agawam are done, Brian

BRIAN PAGELLA

wants to be remembered as a kid who worked

hard. "I think I gave everything I did my best shot. I have no regrets in my time here," he noted.

Hockey Coach John Cirelli commented on his senior forward: "Brian is an unsung hero. He is a great student of the game. Anything you ask of him, he'll do, whether it's on the power play, killing penalties, playing defense, or offense.

"Brian, with that great attitude of his, will do whatever it takes to win. As a coach, you could not ask for a better kid to play for you," said Cirelli.

At March 3rd Home Game ...

Mass. Twisters To Hold Chicopee/ **Ludlow Night**

The Massachusetts Twisters, a professional indoor soccer team, will present Chicopee/Ludlow

night at its home game against the Springfield Legend this Friday, March 3rd, at the Eastern States Exposition Coliseum in West Springfield.

All Chicopee/Ludlow residents presenting a driver's license or proof of Chicopee/Ludlow residency at the Box Office at the March 3rd game will be admitted for just \$5. Regular admission tickets are \$8 for adults, and \$6 for youth and tickets are \$8 for adults, and \$6 for youth and students. Children age four and under will be admitted free.

Professional soccer recently came to West Springfield when the Massachusetts Twisters moved its home from Uxbridge, MA, to the Coliseum at

the Eastern States Exposition.

The team will play one more home game at the popular location this season: March 10th, versus the New Hampshire Granite, which will be East Longmeadow/Longmeadow/Wilbraham night.

The doors open at 7:00 n.m. and game time is

The doors open at 7:00 p.m. and game time is 8:00 p.m. One-hour pre-game clinics for youth soccer players are held by the pros on game night with advance registration. The \$20 fee includes game-night admission.

Discount advance tickets are available for \$7 at the Coliseum Box Office and Exposition offices in West Springfield; Agawam Tire and Auto on Springfield Street in Feeding Hills; and at the Twisters' main desk the Coliseum. Group rates are \$5 per ticket with the purchase of 15 or more tickets in advance.

The Coliseum is also home to the Massachusetts Youth Indoor Soccer League. For more information, call Paul or Cathy Lapointe at (413) 569-1920.

Youth Lacrosse Clinic For Boys Offered By Agawam Parks & Rec.

This three-day lacrosse clinic will be for boys in grades 5-8. Come prepare for our youth lacrosse clinic, where teams will be split into separate divisions for boys in grades 5 & 6 and for boys in

grades 7 & 8.

Days: Monday, Tuesday, and Wednesday.

Dates: March 13th, 14th, and 15th.

Where: High School Gymnasium. Time: 6:00 p.m. to 8:00 p.m.

Cost: \$20.

Registration is now taking place at the Agawam Parks & Recreation Office, and will also take place at the clinic on the first evening.

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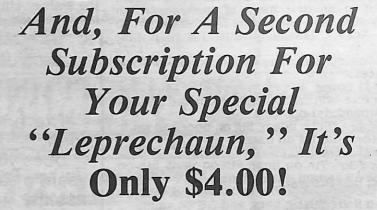
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What A Fish!!!



PICTURED ABOVE with his prize-winning flounder is lifelong Agawam resident Tony Buoniconti. Tony is shown with his proud catch on the fishing pier of his condo in North Myrtle Beach, South Carolina, last summer. The flounder weighed five pounds and 23½ inches long, enabling Tony to win the annual fishing derby. Holding the net for the final capture was Tony's wife, Peggy Buoniconti. Congratulations, Tony, and good luck in the fishing derby this year at North Myrtle Beach. Remember, the bigger they are, the harder they

Springfield Turner **Gymnasts Take Third** At Their First Meet

The Springfield Turner Gymnastics program competed in its first meet of the season on February 19th. The team braved a snowstorm to go into Adams, Massachusetts, for their first

The following is a listing of our competitors and

their places. Girls 9-11 Lower

Jordan Pike - 4th on beam and floor, 3rd on bars

and all-around, 1st on vault.

Leah Mutti - 7th on beam, 5th on floor and vault,

4th in all-around, 1st on bars. Girls 9-11 Advanced Lower

Meagan Pike - 7th on floor, 6th on vault, 5th on

beam and all-around, 1st on bars.

Samantha Fruwirth - 7th in all-around, 6th on beam and floor, 5th on bars, and 3rd on vault. Girls 9-11 Middle

Meghan Little - 3rd on floor and vault, 2nd on bars.

Girls 9-11 Upper Stephanie Obue - 2nd on bars, beam, and floor, and 1st on vault and all-around.
* Girls 12-14 Advanced Lower

Nicole Payeur - 5th on beam, 3rd on floor and all-

around, 2nd on bars, and 1st on vault. Sarah Huffman - 5th on vault, 3rd on bars, 2nd on beam and all-around, and 1st on floor.

Girls 12-14 Middle Alison Dassatti - 4th on floor and vault, 2nd on bars, beam, and all-around.

Girls 15-18 Middle Maryann Connor - 2nd on bars, beam, vault,

floor, and all-around. * Girls 15-18 Upper Dolores Cuccovia - 3rd on floor, 2nd on bars, vault

and all-around, 1st on beam. The team's next meet is on March 11th in Providence, Rhode Island. Congratulations to all the girls who competed in the first meet.

For the best in local goods and services, be sure to check our classified ads in each edition ... AAN!!!



Cutdoors New England

by Kent Servis **Outdoor Writer**

Spring Can't Come Too Soon...

Well, cheer up! By the time you read this column, spring will be less than three weeks away! Get those rods and reels ready for another fine season of fishing. The Division stocking forecast follows the news on the final deer harvest of this last season. The following is a news release from

FINAL DEER FIGURES

A total of 9,634 whitetailed deer were legally taken by licensed hunters during the combined 1999 deer seasons, up 201 over the 1998 total of 9,433.

The breakdown includes six deer taken during the special hunt for paraplegic sportsman, 2,469 during archery season, 6,530 during shotgun season, and 517 during primitive firearms season. An additional 112 deer were tagged during the controlled Quabbin Reservation hunt.

Geographically, eastern and central Massachusetts deer management zones (DMZs) continue to account for a significant percentage of the kill as both deer populations and hunter interest are

high in these areas.

DMZ 11, which includes most of Plymouth and Bristol Counties, was the top producing zone in every season with 1,456 deer checked. Second was DMZ 9, which encompasses eastern Worcester County and the MetroWest suburbs, with 1,191 tags filled.

Eight of the top nine deer-producing DMZs in 1999 were east of the Connecticut River. "Deer hunting is changing in this state," reports Dr. John McDonald, Deer Project Leader for MassWildlife. "Back in 1995, we had 117,000 people with hunting or sporting licenses that were eligible to hunt deer. By 1999, that number had decreased to around 81,000.

"It's a challenge to maintain or increase

"It's a challenge to maintain or increase harvest levels when you have fewer and fewer participants. That's why we explore extended seasons and increased bag limits to keep up with the reproductive potential of the deer herd

The newly implemented six-week archery season in eastern Massachusetts increased the bow kill by 660 and doubled the number of deer

taken in DMZ 10 when compared to 1998.

The archery kill in DMZ 11 alone was greater than the combined all-season total in eight other DMZs. In the western zones, where the archery season remained at the traditional three weeks, the archery kill was within percentage points of previous years.

McDonald believes a stable or slightly increasing number of archery hunters correlates well with the stable or increasing harvest statistics for the bow season. Conversely, the number of sportsmen and women hunting deer during the shotgun season has dropped, and the focus of hunting pressure has shifted from western forests to eastern woodlands.

A drop in the number of deer taken during the gunning season, particularly in the western DMZs, would follow. "We're at or above our goals for the number of deer per square mile of forested habitat in most of our DMZs," concludes McDonald. "Only in DMZs 2, 4 North, and 4 South do our deer numbers appear to be below goal.

"Here we'll be taking a conservative approach."

"Here, we'll be taking a conservative approach to herd management. Elsewhere, we'll be more liberal in order to reach our overall goal of keeping deer numbers in balance with available habitat

and the tolerance levels of people.

"We're talking about an incredibly valuable commodity here; ecologic, aesthetic, and economic. Our intention is to maintain this living resource at healthy levels that are compatible with the public's needs." For more information, contact Dr. John McDonald.

SPRING TROUT ALLOCATIONS

MassWildlife's Chief Fish Culturist Dr. Ken

Simmons is allocating more than 600,000 brook, brown, rainbow, and tiger trout to the agency's five regional Districts for spring stocking. The fish have been reared at MassWildlife's hatchery facilities in Belchertown, Montague, Sunderland, and Sandwich.

Nearly 70 percent of the fish stocked this spring will be greater than 12 inches in length, and the

majority of those will top the 14-inch mark.

The allocation by District is as follows: Northeast - 129,075, Peter Jackson, (978) 263-4347;
Southeast - 106,300, Steve Hurley, (508) 759-3406;
Central - 121,575, Lee McLaughlin, (508) 835-3607;
Connecticut Valley - 120,400, Dave Basler, (413) 323-7632; and Western - 122,900, Andrew Madden, (413) 447-9789 (413) 447-9789.

District offices will have weekly updates of trout-stocked waters, and the information will also be posted on the MassWildlife webpage at www.state.ma.us/dfwele/dfw. Printed lists of stocked waters are available by sending a self-addressed stamped envelope to: Trout Waters, MassWildlife Field Headquarters, Westboro, MA

The stocking trucks will roll in early March, so get ready for some fast action and great family fun. For more information, contact the District Fisheries Biologist.

MOOSE ON THE LOOSE

Reports of moose sightings in Southern New Hampshire and Vermont can serve as a warning that some of them will certainly be traveling

While the moose certainly have a place in our environment, they don't mix well with traffic. A 1,000-pound critter doesn't quite fit the "flattened

fauna" concept of the average road kill gourmet.

A high-speed collision is liable to result in the motorist becoming the "road kill," so be careful, especially in our northern counties.

SPORTS INSURANCE

The time is approaching when sports leagues are beginning to form.

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for Six Week

From Daggett Gold Medal Gymnastics In Agawam...

Men's Teams Compete In New York; Women At Framingham Meet

The Class 3-6 men's gymnastics teams from Tim Daggett Gold Medal Gymnastics competed

recently at the World Cup Challenge, hosted by World Cup Gymnastics of Chappaqua, New York.

The Class 3 boys highlighted the performance with a team win. Their combined 137.7 points came from the success of Drew Ignoto in the 14 and older group and Mike Marine Mark Parzych.

and older group, and Mike Marino, Mark Parzych, and Daniel Liebowitz in the 12-13 year-old group. Ignoto, of Southwick, captured a first on Floor, Pommel Horse, and Rings, taking second on Vault and third on Parallel Bars. In the All-Around, he

took second place with 43.4 points.

Marino, from Ellington, CT, took first in his category, with three second places in Pommel Horse, Rings, and Parallel Bars, and capped by a first on High Bar.

Second place in the All-Around was taken by

Second place in the All-Around was taken by Dan Liebowitz, of Avon, CT, showing his best performances on Rings, with a first, and High Bar, with a third. Parzych followed in sixth in the All-Around, with his best individual performance in the Floor Exercise, where his strong 8.2 score helped him take home second.

In Class 4, Darren Parzych, from Springfield, also had a great meet, placing in almost all events. Darren took first on Rings, second on Floor and Parallel Bars, and third on High Bar, combining for an All-Around 44.65 and 2nd place. Eric Parsons, of Suffield, CT, was the sole

athlete from the gym in a highly competitive group. His 8.4 Floor and High Bar scores netted him third and fourth, respectively, while a 9.0 Vault took seventh. Eric also took fifth on Parallel Bars, and combined for a 47.6 seventh in All-

Around scoring.

The Class 6 boys also met stiff competition as well. Kyle Levreault, from Southwick, in the 10 and older age group took ninth in the All-Around, with high-scoring displays on Vault (earning a 9.2 fourth place) and Parallel Bars (earning an 8.6 fifth

In the younger age group, Kevin Dwyer, of West Springfield, had success on Vault with an 8.8 score, and Rings with a 7.4. Jesse Hiller, of East Otis, also scored well in Vault, with an 8.2, and in High Bar, earning 6.6.

The Lucia Brothers, from Agawam, were both strong in Vault and Pommel Horse. On Vault, Christopher earned an 8.0, while Steven took an 8.5, helping his All-Around score to 40.6.

In women's gymnastics, Joy Higley, of Suffield, CT, and Sarah Kantany, of Wilbraham, competed for Daggett's in a Level 7 Sectional meet at GTC in

Framingham. Sarah qualified for the State Championships with her 34.0 combined All-Around score, which was aided by a 9.0 on Vault and a 9.05 on Floor.

Joy scored well in Vault, Uneven Bars, and Floor, but just fell shy of the requirement to move on with her 32.95. She will have another opportunity to qualify at the upcoming Bay State Classic in

On Sat. & Sun., March 4th & 5th...

Daggett Gymnastics To Host National **Invitational For Boys**

Daggett Gold Medal Gymnastics, located at 103 Gold Street in Agawam, will host the "Tim Daggett National Invitational" for boys this weekend.

Over 300 entrants from throughout the United

States will be participating in this prestigious

gymnastic competition.
On Saturday, March 4th, boys in Levels 1, 2, and

3 will compete at 4:45 p.m.

On Sunday, March 5th, the Level 6 boys' meet will begin their meet at 10:15 a.m. Later that day, the Level 4 and 5 boys will compete at 4:00 p.m.
For further information, contact Daggett Gold
Medal Gymnastics at 786-4686.

Turkey Shoots At Pioneer Valley Sportsman Club

Members of the Pioneer Valley Sportsman Club, Inc., located at 101 Sikes Avenue, West Springfield, are pleased to announce that turkey shoots will commence at the club on Sunday, March 12th, and will run for six weeks.

In Tri-Parish Bowling News...

Fordham Defeats St. Mary, 3-1, To Win **Round Three Title On The Local Lanes**

On the last night of round three (Monday, February 21st) in the Tri-Parish Bowling League, Fordham took St. Mary, 3-1, to win the round. It was a very low-scoring match; no one rolled over

300, and there was only one string over 100.

"Jolly" Olly Muldrew is still trying to find his old form with his new legs (his 104 string was high for everyone). Rich "Golden" Snyder had to withdraw after two strings due to back spasms. He is look-

ing forward to a healthier fourth round. St. Louis won over Boston College, 3-1, in another low-scoring match. No one on either team hit a 300 series.

Glen "Not Sam" Adams ran off a 299 total to be the high bowler for both teams. "Not Sam" had just rolled a 434 last time out (in another league) and suffered the usual letdown. The win for St. L. allowed them to jump into second place for the

Holy Cross took a 3-1 win over Catholic University. Ron "The Don" Menard turned up the jets to lead his team and bury sub anchor Lance "Lightning" Poirier, 341 to 298. Lance (no lightning tonight) had gotten off to a good start in his first appearance with a 347 the previous week.

"Lightning" needs to stop thinking about golf and

practice more bowling.

In the only match that featured good bowling, Notre Dame pushed Georgetown into the cellar with a 3-1 win. For the losers, "Mighty" Debbie Poirier ran off a 305, which is low for her, but she is recouping from a painful rolling arm. (This is starting to sound like the Red Sox.)

For the winners, Flo "Rocky" Rochford got help from Maybeth "Miss Consistent" Coughlin, who ran two 108 strings but finished with a 299. "Rocky" rolled a 328 going 101, 107, and 120, which carried the team to a 60-pin team total pinfall and the third point.

And on we go into the fourth and final round.
FINAL STANDINGS FOR ROUND THREE

Fordham (winner) 211/2-101/2 17-15 17-15 St. Louis St. Mary (earlier round winner) Boston College 16-16 151/2-161/2 **Holy Cross** 15-17 **Notre Dame** Catholic Univ. (earlier round winner) 131/2-181/2 121/2-191/2 Georgetown

"Tri-Parish Bowling News" is a regular feature of The Agawam Advertiser News...



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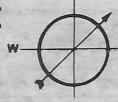


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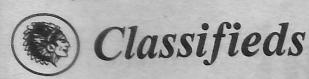
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